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Over and Under

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Too Much RACHEL HARMET

Our Sun is glorious,
but it is also stark and glaring,
no one escapes its bright stare,
too bright.

The same way a glittering river
has its graceful, rushing beauty,
but so easily drags us under,
too strong.

How we ascend trees and mountains
only to stiffen like stone
when we glance back down;
we've gone too far.

The same feeling I get
when I look up
and meet unfamiliar, or perhaps,
too-familiar eyes.

The Sun, the rivers,
the trees and mountains,
unknowing and knowing stares.
Anything (everything) can be
too overwhelming.

