

Play Dough Heart

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Play Dough Heart

Malleable.

Easily manipulated.

Flexible.

Play dough can become what you need it to be.

The only problem with play dough

Is that because of its ability to easily conform,

It is weak and is not able to withstand

The pressure of the selfish hands of this world

Molding it to be what it “needs” to be.

Today I feel like play dough that’s sat out for too long.

I’ve been flexible for too long.

At any point I feel like I could dry out and crumble

No longer useful to this world.

Put me back inside my container, my safe space.

Let me rest and maintain what’s left of me.