

10-18-2012

## GlimmerGlass Volume 72 Number 04 (2012)

Meagan Ramsay (Executive Editor)  
*Olivet Nazarene University*

Follow this and additional works at: <https://digitalcommons.olivet.edu/gg>

---

### Recommended Citation

Ramsay, Meagan (Executive Editor), "GlimmerGlass Volume 72 Number 04 (2012)" (2012). *GlimmerGlass*. 965.  
<https://digitalcommons.olivet.edu/gg/965>

This News Article is brought to you for free and open access by the University Archives at Digital Commons @ Olivet. It has been accepted for inclusion in GlimmerGlass by an authorized administrator of Digital Commons @ Olivet. For more information, please contact [digitalcommons@olivet.edu](mailto:digitalcommons@olivet.edu).

# GLIMMERGLASS

## LOOK INSIDE:

### UPCOMING CONCERT

Big names come to Olivet as Shine.FM hosts the Hundred Years tour. The tour features Christian artists Francesca Battistelli and Sidewalk Prophets **03**

### ELECTION UPDATE

Take a closer look at the status of both Romney and President Obama's presidential campaign **04**

### COMMUNITY EVENT



Salvation Army congregation members, ONU students and members of the community hosted a fall music and story-telling event in Kankakee **02**

### WHAT'S GOING ON?

Find out what events are coming up in the area **05**

### DRESS POLICIES

An in-depth look at the student dress code policies on campus focuses on the fining system, and reveals the official dress code for the swimming pool in the Student Life and Recreation Center **07**

### LEARN HOW TO TRAIN

Want to run a marathon? Train properly by following these tips to safely prepare for the run **11**

## INDEX

News: 2-4

Life: 6-7

Opinion: 8-9

Sports: 10-12

OCTOBER 18, 2012 | A PUBLICATION OF OLIVET NAZARENE UNIVERSITY | GLIMMERGLASS.OLIVET.EDU | VOL. 72 NO. 4

# ORPHEUS VARIETY SHOW

explores the end of the world

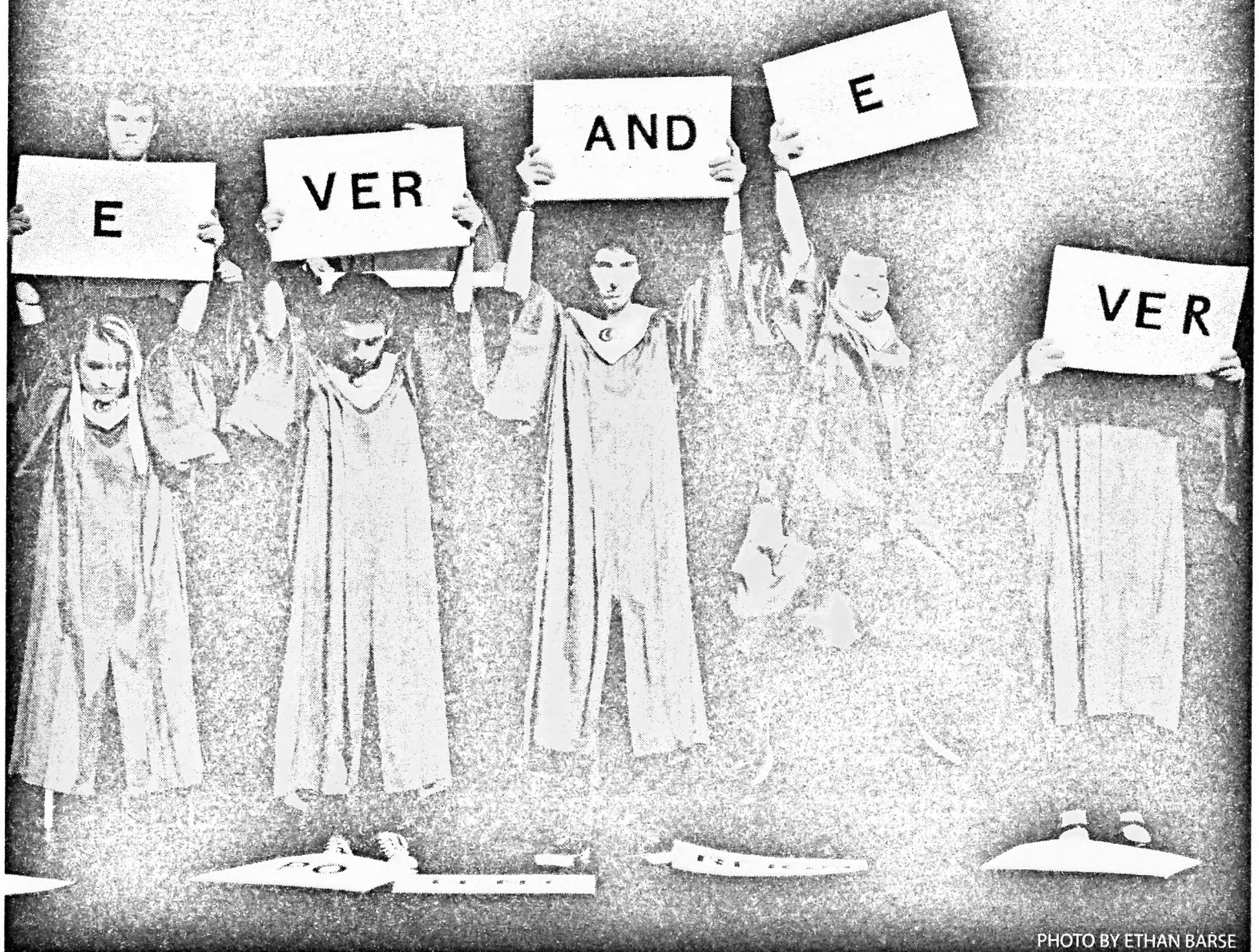


PHOTO BY ETHAN BARSE

## GG STAFF

Meagan Ramsay  
EXECUTIVE EDITOR  
mramsay1@olivet.edu

Nicole Lafond  
NEWS EDITOR  
nslafond@olivet.edu

A.E. Sarver  
ASSISTANT NEWS EDITOR  
aesarver@olivet.edu

Justine Espersen  
LIFE EDITOR  
jmespersen@olivet.edu

Rachel Kearney  
SPORTS EDITOR  
rkearney@olivet.edu

Morgan McCrie  
ASSISTANT SPORTS EDITOR  
mmccriri@olivet.edu

Sydney Young  
COPY EDITOR  
sryoung@olivet.edu

Ethan Barse  
PHOTO EDITOR  
ebarse@olivet.edu

Brittany Vander Naald  
GRAPHICS EDITOR  
bvander1@olivet.edu

Jake Neuman  
ONLINE EDITOR  
jneuman@olivet.edu

Carolyn Hoffman  
ADVERTISING MANAGER  
cghoffman@olivet.edu

## ABOUT GLIMMERGLASS

The *GlimmerGlass* is the official newspaper of the Associated Students of Olivet Nazarene University and a member of the Illinois College Press Association. The opinions expressed are those of each writer and are not necessarily held by the Associated Students Council, faculty, administration or students of the university.

Until 1941, the university newspaper was known simply as *Olivet News*. Former adviser Bertha Supplee proposed the name *GlimmerGlass* after visiting upstate New York, where she discovered a lake with the same name. The lake was as clear as glass and "glimmered" in the breeze. The newspaper staff adopted the name in spring of 1941, with the vision that it would symbolize the paper's mission to reflect the truth and the values of Olivet Nazarene University.

## LETTER SUBMISSION

The *GlimmerGlass* encourages readers to respond through letters to the editor. For publication, letters must be signed and sent to campus box 6024 or e-mailed to glimmerglass@olivet.edu. The editor reserves the right to edit letters for content, style and length. Publication is not guaranteed.

## ONU &amp; LOCAL NEWS

## Shine.FM hosts Hundred Years tour

By Nicole Lafond

@GG\_Lafond

Next Friday, Oct. 26, Centennial Chapel will host a show as part of the Hundred Years tour; a tour displaying the musical talents of well-known Christian music artists Francesca Battistelli and Sidewalk Prophets, and up and coming solo Christian music artist Andy Cherry. Doors will open at 7:00 p.m.

Local ONU radio station, Shine.FM worked to bring the tour to campus. "Shine is a huge force in the Christian music industry," said junior James Webb, a concert promoter and marketing student work at Shine.FM. "They have tons of contacts - we're contacted all the time about putting on concerts and promoting events."

Although considered a student

worker, Webb has played a big role in bringing this concert to campus. He booked the tour by contacting the management for both the tour and the promotion company, and then worked on promotions.

Graphic designer for Shine.FM, Luke Imbery, designed most of the promotional material for the concert. "I've helped put together billboards, posters, art for email blasts and cover photos for Facebook," Imbery said. "We want to spread the promotion as far as we can." Selling tickets in Ludwig has been promotional in and of itself.

Tickets were sold in Ludwig last week and will be available for sale again next week, however the seats sold at the Student Discount Card rate of \$5.00, and the regular student rate of \$10.00, are limited. Large portions

of the tickets for the concert have been sold through iTickets, an online event ticket sales box office. Tickets will also be sold at the door on the day of the concert. So far 700 plus tickets have been sold through iTickets and Shine.FM sponsored sales, Webb said.

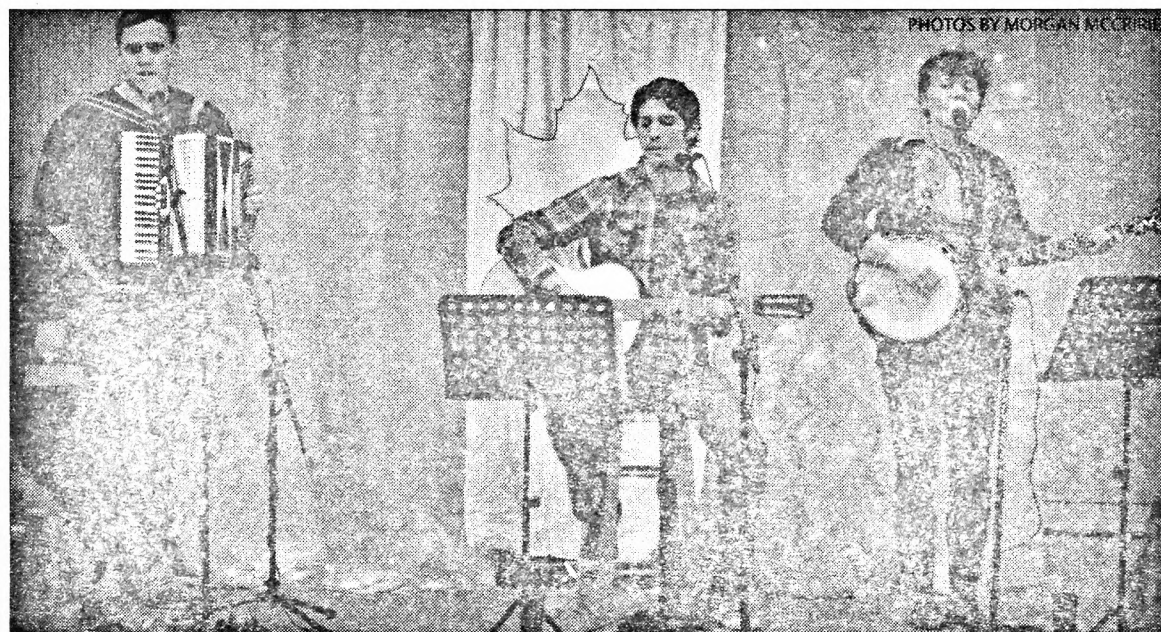
With the day of the event drawing closer, Webb, and Jordan Hamann, the listener engagement coordinator at Shine.FM, have been working to hammer out all of the details for the concert. Webb has been combing through the tour rider, a set of requests or demands that a performer will set as criteria for performance in a concert or theatrical setting, to make sure all will run smoothly the day of the event. Hamann has been coordinating volunteers and assisting Webb, when needed. "Planning concerts falls un-

der my job role, but recently James and I have transitioned to partnering up with planning."

The day before the concert, Webb and Imbery will set up the chapel to decrease stress for the concert. "We want to make sure we are prepared before. Concerts can be hectic, especially with a bigger band like Francesca and Sidewalk Prophets," Imbery said.

On the day of, Webb will work as a liaison between Shine.FM student workers and management, volunteers and the tour management. Imbery will be in charge of behind the scenes coordination and Hamann will organize student workers and volunteers.

Shine.FM is still looking for volunteers to work the event, Webb said. Anyone interested in helping should contact Jordan Hamann at shinetreeteam@gmail.com



PHOTOS BY MORGAN MCCRIE

## CHICAGO BAND PLAYS 'SING-ALONG' SHOW AT SALVATION ARMY

The Salvation Army in Kankakee hosted the Fall Families Sing-Along/Show on Oct. 14.

The event featured a performance and congregational sing-along by folk band, Families, and a reading of short stories by Dr. Eddie Ellis, New Testament professor at ONU.

Senior Elizabeth Morely and graduate student Courtney Fuqua organized the event along with the help of other student volunteers and members of the congregation.

Morely, Fuqua and sophomore Sue-Lyn Dorrrough, played an opening song followed by Families, a band from Chicago (above). They played original songs as well as led the audience in a sing-along of six hymns. Dr. Ellis read two short stories; "Maine" by Bailey White and "A Ghost Story" by Mark Twain.



## Airport to host breakfast

The Greater Kankakee Airport will be hosting the Pancake and Fly-In on Oct. 27 from 8:00am - 11:00am.

Josh Brooks, a junior at Olivet has been planning this event for several months. The event is courtesy of the Young Eagles Program EAA Chapter 15.

The Boy Scouts will make a breakfast with the menu including pancakes, sausage, juice and coffee.

There will also be a local model airplane display, fire truck display and the opportunity for children ages 8-17 to experience a free airplane ride.

This event is open to the public and is \$6 per person, \$3 for ages 8-12 and free for kids 7 and under.

## CSS presents grad advice

Author of "Roadmap for Graduate Study," Dr. Don Martin is coming to Olivet on Friday, Oct. 26 at 10 a.m. in Kresge. He will be advising prospective graduate students about the application process, including the myths about grad school, what not to do and how to afford grad school. Martin has spoken to 40 different schools around the world, preparing students for graduate school.

## CORRECTION

Some information in the Oct. 4 story "Pre-art therapy major coming soon" was misstated. Look for a new story with the corrections and updates in the Nov. 2 issue.

# ONU NEWS

## Student-run club begins work on film

Nicole Lafond

• @GG\_Lafond

A new film club is working its way up to official ONU club status, attracting students to become members through the development of a mini TV series and film.

Reel Film Club was started by seniors Jose "Taco" Cruz, Andrew Oliver and Tracy Redman as an attempt to build their resumes with productions other than class projects. As soon as they started developing the concept of a club, they decided they would try to make it an official ONU club so that other students, with different backgrounds and interests, could become involved.

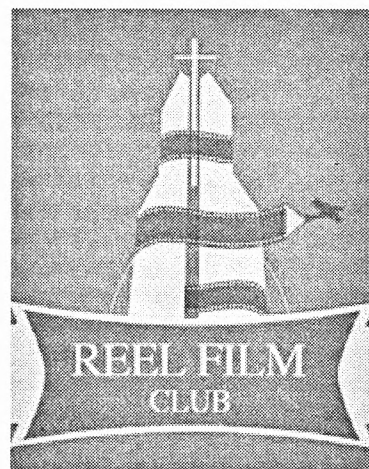
"We want to reach out to anyone who is interested in getting involved," said Oliver, club treasurer and vice president of production. "The production of a film involves more than just filming and editing. We want anyone interested in acting, writing, business and promotion, costume, makeup, etc. to become involved and be a part of

this huge production."

The club is not official yet. The paper work has been turned in and the student founders should find out this month if they will be allowed to become official, said Cruz, club president and vice president of post production. "Even if we can't become an official ONU club, we want to continue with the club on our own," Oliver said.

The club leaders have hit the ground running with the development of their first project. The first project will be called "Memorandum," and will be a mini-series of five-three to seven minute "TV" episodes, that will end in a short film to tie everything together, said Redman, club chaplain and vice president of production. "It will sort of be like "Firefly", an American space western TV series," she said.

The premise of the series will be about the development of memories. "It is going to be about a kid who gets in a bad car accident and goes into a coma. When he wakes up, he has no memories," Cruz said. The series part



Reel Film Club's logo was designed and produced by Alexandria Lord.

of the project will be shot in black and white. As the main character begins to recognize aspects of life that he remembers, those objects – symbolizing memories – will appear in color. The short film tying the series together will appear in all color. "Our major motif for this film is color. We really want to capitalize on black and white film and

the significance of color," Oliver said.

The club leaders brought attention to their first project through Facebook, email, word of mouth and also by contacting the acting club, Green Room, to find students interested in auditioning for character roles in the film/series. The auditions took place the week before fall break and call-backs were on Oct. 10 and 11.

Students with all different types of acting backgrounds auditioned for roles in club's first film. The final members of the cast were decided on and released on Oct. 11. The students playing roles in the film are as follows: Cameron Gunter (Riah), Jordan Jackson (Zane), Sean Lex (Kay), G.J. Frye (Blake), Nick Allen (Isaac), Amanda Price (Peyton), Shelby VanBuren (Amy), Alejandra Magana (Roxanne), Allison Walsh (Sonny), Grace Talbott (Bad Girl).

"After completing this film project, we want to put on an event showcasing the film," Redman said. "We want to put together a 'red carpet premiere' type of event, complete with photog-

raphers, dressed up actors/actresses and a student audience, as well as business students and event planning students helping to put on the event."

Along with the development of their first film project, Reel Film Club leaders hope to be an asset to the ONU community. "We want to help other clubs and organizations put together promotional videos and maybe even music videos," Redman said. The club has already helped the Broadway Review event and Students In Free Enterprise organization (SIFE) put together promotional material, according to Cruz.

Other members of the club include Jennifer Wilson, the secretary and vice president of pre-production, Alexandria Lord, the vice president of publicity, and the cast and crew of the Memorandum production. The club leaders hope the club will expand and grow with time and generated interest.

"We encourage anyone who is interested to contact us and get involved," Oliver said. "It is going to be a great resume builder and a lot of fun."

## Hip-hop added to Shine Rock

Marry Hall

Staff Writer

Shine Rock is getting a new look and sound this fall by changing its name to Shine RX3 and adding urban hip-hop to its playlist.

The station will now play 30 percent urban hip-hop and 70 percent rock, said senior Bekah Harrison, music director for Shine RX3. The station has in recent years focused primarily on the rock genre, but with this switch it hopes to better represent the music today's students are interested in.

"If you talk to anyone our age, their iPod is a mix...so we wanted to change our station to reflect that. I think it gives it a little bit of an edge," Harrison said.

Shine RX3 is the student-run radio station on campus, streaming 24/7 online and over campus cable channels, said Brian Utter, music program director for Shine. The shows are produced and hosted by Olivet students, and "you don't have to be a radio ma-

jor to take the class and be part of it."

The station has also been known to feature some local indie acts, specialty shows, Olivet sports shows, and live coverage of campus events.

Shine RX3 seeks to reach students from 13 years old to 25, which extends even beyond the borders of Olivet's campus.

"Shine RX3 is to reach more than just Olivet students. It's to reach the world," commented Harrison.

According to Utter, a large percentage of listeners are now listening through live streaming from the website. Utter spoke of his inspiration to grow the station:

"I have an almost 13 year old son who loves LeCrae, hip-hop, and rock. As Shine has gone more...hit, I want-

ed to provide that outlet. We're trying to reach an entirely different audience [than Shine]."

In addition, Shine RX3 now has a regular morning show host, a former Olivet student living in Pennsylvania, according to the Shine RX3 website. The station also has plans to create a new logo, redo its website, and develop a larger social media presence through Twitter and Facebook.

With all of these changes, those in charge at Shine RX3 hope to bring new life into the station. Their goal is that Olivet students will turn to Shine RX3 more frequently, and, as Utter said, "We really want this station to be something students enjoy, that students are apart of, that students want to be apart of."

### Inspired Expansion

**"Shine RX3 is to reach more than just Olivet students. It's to reach the world."**

-BEKAH HARRISON  
SHINE RX3 MUSIC DIRECTOR



577 William Latham Drive  
Bourbonnais, IL 60914  
815-929-1866

Hours:

Mon - Fri: 8:00 am - 6:00 pm  
Sat: 8:00 am - 4:00 pm

**\$18.95**

**Winterizing Special**  
for ONU Students and Faculty

**Includes:**

Standard Oil Change **FREE** Wiper Blades  
**FREE** Battery/ Starter/ Alternator Check  
**FREE** Brake Check **FREE** Tire Check

**Complete Automotive Repair on Foreign and Domestic**  
**We Fix Cars and Treat You Right!**

Computer Diagnostics Engine, Transmission,  
General Maintenance ...and much more!

**Free Towing Service\***  
**Payment Plan Available**  
**\*Call Ahead**

Visit us on the web at: [www.tuffyautocare.com](http://www.tuffyautocare.com)  
Alumni-owned and operated!

# NATIONAL & WORLD NEWS

## NEWS IN BRIEF

### National

#### Earthquake hits Maine

A 4.6 magnitude earthquake hit southern Maine on October 9. The epicenter was about 3 miles west of Hollis Center, Maine. Jim Van Dongen, public information officer for the New Hampshire Department of Safety said that no major damage was reported.

-Associated Press

#### Clinton claims responsibility

Hillary Clinton has taken responsibility for U.S. deaths in Libya. "I take responsibility. I'm in charge of the state department's 60,000-plus people all over the world [at] 275 posts," Clinton said. She claims that she is focused on tracking down the killers of the US ambassador to Libya and "bringing them to justice."

-BBC News

### World

#### Girl shot by Taliban

A fourteen-year-old girl, Malala Yousufzai, was shot by the Taliban in Pakistan. They targeted her for promoting girls' education and "Western thinking." "The work she did is far higher before God than that which is being done by terrorists in the name of religion," Pakistani President Asif Ali Zardari said. The doctors say that a full recovery for her is highly unlikely.

-USA Today

#### Japan monitors warships

Seven Chinese warships are being watched by Japanese military officials. It is unclear whether they are a result of a territorial dispute which has prompted both countries to show off their military. "The Chinese military is closely following the actions of the Japanese side and demands Japan halt all actions complication or escalating the situation," the Chinese Defense Ministry said. Japan said they were being completely legal and appropriate.

-Fox News

#### Interested in politics?

The Christian Student Leadership Conference will take place on Jan. 14-18 in Washington, D.C. The conference gives students the opportunity to attend seminars and reflect on today's policy issues. There are 10 spots open. ONU students will receive course credit for attending. For information visit <http://www.nae.net/government-relations/cslc>.

### A.E. Sarver

✉ @GG\_Sarver

The presidential and vice presidential debates have geared up the voting public for the election next month.

The first presidential debate was on Oct. 3 and the vice presidential debate was on Oct. 11.

In the first presidential debate, the main topics discussed were the economy, taxes and healthcare.

According to Tom Cohen from CNN, "Neither candidate scored dramatic blows that will make future highlight reels, and neither veered from campaign themes and policies."

The seemingly more energized Romney sounded as if he were attacking the President. Obama gave long explanations, speaking four minutes longer than Romney overall.

"Romney's strongest moments came in repeating his frequent criticism of Obama's record, saying the nation's high unemployment and sluggish economic recovery showed the president's policies haven't worked," Cohen said.

Obama's strongest moment was criticizing Romney's leadership.

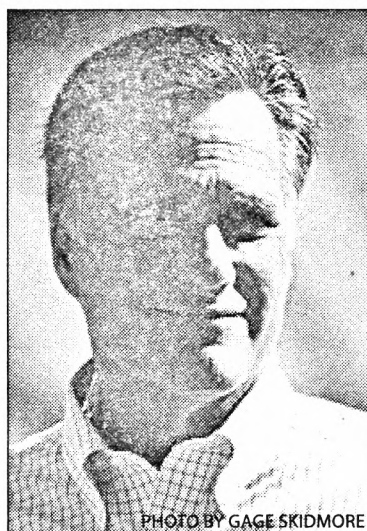
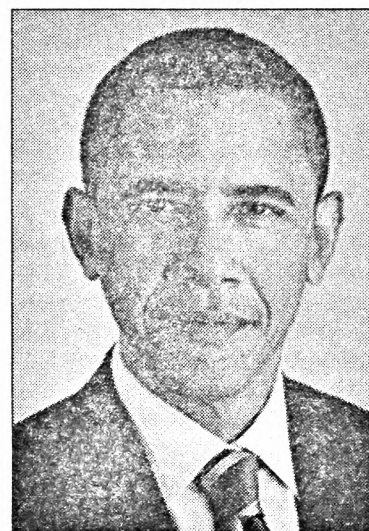


PHOTO BY GAGE SKIDMORE

President Obama and Governor Mitt Romney have participated in two debates so far leading up to the 2012 election. The next debate will be held at Lynn University in Boca Raton, Fla. The two men will debate foreign policy, which differs from the town meeting style of the last debate.

"I've got to tell you, Governor Romney, when it comes to his own party during the course of this campaign, has not displayed that willingness to say no to some of the more extreme parts of his party," Obama said.

The second presidential debate took place at Hofstra University, in



Hempstead, N. Y. on Oct. 16.

Obama was more aggressive in this debate. The opponents disagreed about energy, pay equity for women, health care issues, measures to reduce the deficit and taxes.

A big topic for both candidates was that of immigration.

"Though the questions were from undecided voters inside the hall - in a deeply democratic state - the audience that mattered most watched on television and was counted in the tens of millions," said Steve Peoples and David Espo of the Associated Press.

In the Biden-Ryan, vice presidential debate, Biden interrupted frequently, while Ryan "offered up some factually inaccurate arguments," according to Jamie Chandler from U.S. News.

"If you could get past Biden's performance, you would find a debate from two intelligent vice presidential candidates," Chandler said.

But "vice presidential debates have little impact on the fortunes of the presidential candidates; they're sales presentations and political theater," Chandler said.

The next debate will continue to help voters hear and see who they are voting for.

According to Gallup analysis, "televised debates have affected the outcome of only two elections in the past half century - Nixon-Kennedy in 1960 and Bush-Gore in 2000," Cohen said.

The next debate is on Oct. 22 at Lynn University in Boca Raton, Fla.

## THE BIG ISSUES

### Romney

**Jobs** - Romney wants to improve the labor policy by ensuring that labor laws have a stable and level playing field for business to operate. His plan includes free enterprise, free choice and free speech.

**Health Care** - Romney plans to block grant Medicaid and other payments to states. He wants to limit Federal standards on both private insurance and Medicaid coverage, promote free markets and law competition and empower consumer choice.

**Energy** - By empowering states to control onshore energy development, ensuring accurate assessment of energy resources and restoring transparency and fairness to permitting and regulation, Romney feels this will make America an "energy superpower."

All information is from [www.mittromney.com](http://www.mittromney.com)

### Obama

**Jobs** - Obama plans to help the economy by rescuing the auto industry, reviving U.S. manufacturing and eliminating taxbreaks for companies that ship jobs overseas. These are just a few steps in his plan to create jobs.

**Health Care** - Obama plans to end the health insurance company practice of charging women more than men for coverage. The Affordable Care Act will hold insurance companies accountable and will help people with Medicare save on the care they need.

**Energy** - Obama wants to double fuel efficiency standards which will save 12 billion barrels of oil, create jobs and save consumers more than \$8,000. He plans to increase natural gas production, oil production and production of wind and solar energy.

All information is from [www.barackobama.com](http://www.barackobama.com)

for MORE NEWS visit  
[www.GlimmerGlass.olivet.edu](http://www.GlimmerGlass.olivet.edu)

Free  
Shuttle  
Service

Joe's Automotive

Locally Owned  
"The Do It Better Shop"

COMPLETE AUTO \* TRUCK \* RV REPA  
ALL MAKES AND MODELS

560 S. Washington Ave., Kankakee



10% Parts  
Discount  
w/ONU I.D.

COMPLETE COMPUTER SERVICE

Tune Ups \* Air Conditioning \* Brakes \*  
No Starts \* Service engine soon lights \*  
Computer Diagnostics \* Oil Changes \*  
Alternators & Starters \* Overheating \*  
Alignments \* Tires & Tire Repair \*  
Fluid leaks


815-  
937-9281


## GLIMMER GLANCES


## CAMPUS EVENTS

 **Planetarium Show**  
OCT 20 & 27 • FREE  
9PM, STRICKLER PLANETARIUM  
Enjoy a spook-tacular presentation that includes a virtual trip through a haunted castle and a wild ride on a space coaster. Showings at 6 & 7:30PM are \$3.

 **Pre-Release Movie**  
SAT, OCT 20 • FREE  
2 & 7PM, CHALFANT  
The Dark Knight Rises. Gotham faces complete destruction from mastermind Bane.

 **24-Hour Prayer**  
OCT 26-27  
7AM, KELLEY PRAYER CHAPEL  
24 hours dedicated to prayer, worship, and building community. Runs from 7AM on OCT 26 to 7AM on OCT 27. Come out and pray at any point in time during those 24 hours.

 **Shine.FM Concert**  
FRI, OCT 26 • \$10  
7PM, CENTENNIAL CHAPEL  
Francesca Battistelli and Sidewalk Prophets perform LIVE.




 **Tailgate Party**  
SAT, OCT 27  
11AM, WARMING HOUSE  
Men's Residential Life will be providing food, games and fun before the football game kick-off.

 **Candy Costume Fest**  
SUN, OCT 28 • FREE  
7:30PM, CHALFANT  
Wear your best costume. This party features a costume contest, live jazz music and fall favorite foods. The costume judging categories are: individual, pair, mini group (3-7), mid-group (8-14), and large group (15+).


## JOBS/INTERNSHIPS


**Disney College Program**  
Apply now for a Disney College Program Internship. Visit [www.disneycollegeprogram.com](http://www.disneycollegeprogram.com) for information. Deadline 11/2/12.


## ICON KEY

-  = STUDENT DISCOUNT CARD ACCEPTED (50% OFF EVENTS)
-  = TIGER DOLLARS ACCEPTED
-  = EVENT FREE WITH STUDENT ID


## STUDENT COUNCIL


 **Freshman/Sophomore Cosmic Bowling**  
FRI, OCT 19 • \$6  
8PM, BROOKMONT LANES  
Freshman and Sophomore class councils will be teaming up to host this night of fun for their fellow classes.


 **Men's Prayer Breakfast**  
SAT, OCT 20  
9AM, LUDWIG DINING HALL  
Come and enjoy breakfast, hear a special speaker, pray with other men, and share what God is doing in your life. Hosted by Men's Residential Life (MRL). Just a meal swipe to get in.

 **Fall Debate**  
WED, OCT 24  
8:30PM, WISNER AUDITORIUM  
Capitol Hill Gang hosts its annual Fall Debate. This year, the debate will be centered on a Obama V. Romney theme.


 **Homecoming Court Voting**  
OCT 24-25  
EMAIL BALLOT  
The entire student body will vote to select the Queen for this year's Homecoming Court. Check your email for the ballot in order to vote.

 **Mu Kappa Autumn Bash**  
SAT, OCT 27  
6:30PM, WARMING HOUSE  
Come out for smore's, pumpkin carving, music, & fun.


 **FCA Candy Craze**  
TUES, OCT 30  
8PM, WARMING HOUSE  
Halloween party for Fellowship of Christian Athletes.

 **Party with Jesus**  
MONDAYS  
9PM, WARMING HOUSE  
Take a homework break for this exciting praise and worship service that takes place weekly.

## GIVE YOUR LIFE AWAY

 **Poverty 101 Class**  
SAT, OCT 20  
10AM-12:30PM, WISNER  
An open session that will shed light on what's behind urban poverty- it's much more than just money—from Shepard Community.

## GIVE YOUR LIFE AWAY

 **MIA Info meetings**  
TUE, OCT 23  
5 & 6PM, WISNER AUDITORIUM  
Learn more about the mission trips offered this spring and summer breaks.

## CHAPEL


## Coming up:

- ♦ OCT 24: Rev. Mark Holcomb
  - ♦ OCT 25: Class Chapels
  - ♦ OCT 31: Dr. Gary Morsch
  - ♦ NOV 2: Dr. Gary Henecke
- Wednesday Chapels @ 10AM  
Thursday Chapels @ 9:30AM


## ACADEMICS

## Mid-semester


Block II Courses begin Wednesday OCT 24. It's officially the middle of the semester.


 **Commies in Costume**  
THUR, OCT 25  
7PM, OLDE OAK LOUNGE  
Communication majors gather in Halloween costumes for a spooky good time.

## MUSIC TO MY EARS


 **By George.**  
FRI, OCT 19 • FREE  
7PM, CENTENNIAL CHAPEL  
The works of George Gershwin will be performed by Ovid Young, Chad Hiligus, and Kay Suzanne Welch. For more information, call the office of Alumni and University Relations at (815) 939-5258.


## WELL BEING


 **Seriously Dating?**  
THURSDAYS  
7PM, VIATORIAN ROOM  
A group for seriously dating couples for those who are ready to take the next step.


 **Thrive. Young Married Retreat**  
NOV 9-10 • \$40  
6:45PM, HILTON GARDEN INN  
The Thrive. Retreat is for young married couples who have been married for 5 years or less. Contact the CSS for more information and to register.


## HOMECOMING OCT 31-NOV 4


 **Homecoming Tickets**  
BURKE 2ND FLOOR  
Buy tickets in Burke, by calling (815) 928-5791, or order online at [olivet.edu](http://olivet.edu)


 **Coronation**  
WED, OCT 31 • FREE  
8PM, CHALFANT HALL  
Witness the crowning of the 2012 Homecoming Queen from the Senior Class during this beautiful, annual ceremony. Hosted by WRL.


 **Powder Puff Football**  
NOV 1 & 2 • FREE  
VARIOUS TIMES, FORTIN VILLA  
Calling all ladies. Support your class and go out for 2012 Powder Puff Football. Semifinals will take place on NOV 1 at 8PM, and the finals will take place on NOV 2 at 4PM.

 **Homecoming Chapel**  
FRI, NOV 2 • FREE  
10AM, CENTENNIAL CHAPEL  
Large worship time with current Olivet students, alumni and friends during this annual chapel service and presentation of the second annual Young Alumni Awards.


 **Women's Basketball**  
FRI, NOV 2 • \$5  
5PM, MCHIE ARENA  
Come cheer on our Tigers as they take on Florida Memorial University during this Homecoming basketball game.

 **Men's Basketball**  
FRI, NOV 2 • \$5  
7:30PM, MCHIE ARENA  
Versus Clarke University.  
**Ticket purchase required.**


 **Spoons-4-Forks**  
FRI, NOV 2 • \$4  
9PM, WISNER AUDITORIUM  
Olivet's own stand-up comedy takes the stage for your LOL entertainment.


 **Fall Play**  
NOV 2 & 3 • \$5  
VARIOUS TIMES, KRESGE  
ONU's drama department performs "God's Favorite," a story of a modern-day "Job" and a messenger from God—a contemporary morality tale in a hilarious comedy. **NOV 2nd shows at 7:30 & 9:30PM. NOV 3rd show at 2PM.**

## HOMECOMING OCT 31-NOV 4


 **Taste of Olivet**  
FRI, NOV 2 • \$15  
AFTER MEN'S BASKETBALL, LUDWIG  
Delicious late-night treat featuring mouth-watering menu of culinary masterpieces.

 **28th Annual Wendy Parsons Run**  
SAT, NOV 3 • \$15  
8AM, MCHIE  
Registration is at 7AM at Birchard/McHie Lobby. Call Matt Smith at 815 (939-5102) to purchase tickets.

 **Tiger Football**  
SAT, NOV 3 • FREE  
NOON, WARD FIELD  
Homecoming game versus Trinity International University.


 **Homecoming Concert**  
SAT, NOV 3 • SOLD OUT  
7PM, CENTENNIAL CHAPEL  
Gaither Vocal band performs for the Olivet community.

 **Hors d'oeuvres & Dessert Buffet**  
SAT, NOV 3 • \$15  
FOLLOWING CONCERT, LUDWIG  
Enjoy a pleasant treat following the Homecoming Concert.

 **President's Prayer Breakfast**  
SUN, NOV 4 • \$14  
8 AM, CHALFANT HALL  
An intimate gathering with Dr. John C. Bowling, University president, as he shares from his heart about the Lord's leading for ONU.

 **Homecoming Sunday Worship**  
SUN, NOV 4 • FREE  
10:30AM, CENTENNIAL CHAPEL  
An opportunity for the Olivet community to gather for worship as an ending to this year's Homecoming.

## COMMUNITY EVENTS

 **Parlor**  
WEDNESDAYS  
7PM, COLLEGE CHURCH CLC  
Come worship and hear a great message for college students at College Church CLC.

# CAMPUS LIFE

## DINING WITH



### Pumpkin 101

Pumpkins are believed to have originated in North America, and have been a staple in American cooking since Native Americans introduced them to settlers. Pumpkin has a variety of uses in cooking, ranging from the traditional pumpkin pie to the not-so-traditional ravioli filling.

Pumpkin puree is readily available in the fall season and makes many great desserts, soups and side dish options. It is also full of health benefits, such as vitamin A, vitamin C, potassium, magnesium and fiber, making it quite the superfood.

Pumpkin is also used in many different ethnic cuisines. In India, pumpkin is found in curries and soups. In Japan, it is used in tempura; in China, the leaves of the plant are used in soups.

Pumpkin has extra value as a crop because so many parts of the plant are used for cooking. Even the large yellow-orange flowers of the plant are deep-fried and eaten in the southwestern United States. While, I don't recommend that last method to profit from pumpkin's health benefits, pumpkin definitely should have a place in our diet.

My favorite way to eat pumpkin is by roasting the seeds with some seasoning salt. A nutritious and tasty snack, pumpkin seeds contain about seven grams of protein per one ounce of seeds. Below is my recipe for roasted pumpkin seeds:

1. Wash seeds thoroughly, then allow them to dry on a paper towel overnight.
2. Preheat your oven to 275 degrees Fahrenheit
3. Spread the seeds out on a cookie sheet lined with aluminum foil
4. Spray nonstick cooking spray on the seeds so that seasoning salt will stick to them.
5. Sprinkle on the desired amount of seasoning salt
6. Bake for about 60 minutes or until golden brown. With a spatula try to move the seeds around or flip them every 15 minutes so that they don't burn.
7. Enjoy when cool!

For more tips and photos, follow Doherty on Twitter @GG\_Doherty

## Orpheus adds variety to Kresge stage

**T**hemed "its the end of world as we know it," Orpheus Choir presented its variety show of the fall semester. The show consisted of 41 skits. Some of them included junior Brad Palmer passionately eating an apple, a stepping crew, an Olivet update (similar to the SNL Weekend Update), a glow-in-the-dark performance to Ellie Goulding's "Lights Bassnectar Remix," and senior Kyle Hance, president of Orpheus, thinking that he had survived the rapture in "Left Behind."



1. Orpheus' men perform a spoof on the "Cats" musical number, "We're Men in Tights," however, Olivet's version is "We're Men in Robes."

2. Senior Anna Reed dances with the women of Orpheus in "Girls Just Wanna Have Fun."

3. Freshman Michael-Andrew Spalding, freshman Emily Swartzwelder and sophomore Susan Morrill sing their variation of Coldplay's "Fix You."



PHOTOS BY ETHAN BARSE



## Hispanic Heritage month recognized

Justine Espersen  
@GG\_Espersen

In celebration of Hispanic Heritage Month, the Center for Student Success presented its Celebration of Hispanic Heritage Dinner Oct. 15, which featured the life stories of two Olivet students, as well as Hispanic cuisine provided by Sodexo.

Speaking to the 70 students and faculty in attendance, Mayra Escoto opened up about juggling life between Honduras and the United States.

Escoto was born in Honduras, but moved with her family to Kenosha, Wis. at age five. They were forced to leave the United States when she was in the seventh grade because of an expired visa. Escoto and her family were back to square one, splitting time between their aunt's house and



PHOTO BY MORGAN MCCURRIE

Sophomore Camilo Giraldeo speaks at Olivet's Celebration of Hispanic Heritage Dinner. He is originally from Colombia.

grandmother's house in Honduras.

It wasn't until her older sister received a full scholarship to Olivet that the family discovered their penalty for the expired visa had ended. From there, Escoto finished school back in Kenosha, Wis. and came to Olivet, following in her sister's footsteps.

"With God on my side, I can overcome any obstacle," she said.

Junior Camilo Giraldeo also shared his background as a Colombian during the dinner. He came to the United States in hopes of becoming a professional tennis player, attending the University of Illinois at Chicago, but partying got in the way.

"The more I was doing bad things, [God] was showing me the good things," Giraldeo said.

At a UIC party, three of his colleagues were arrested for underage drinking, but he was not. This was God's protection, Giraldeo said. He came to Olivet after playing a tennis match against the school while he was still playing for UIC.

"They were really hard to beat," he said. "I heard Spanish, German, and Portuguese and thought, 'That's the team I need to be on.'"

Giraldeo said he was brought to Olivet through God and admits to continually thanking God as he "was blind to what God was showing [him]."

It is the goal of Multicultural Campus Coordinator Jasper Taylor for everyone "to share their story."

"We all have one," he said, "We just need to be willing to open up and share it with the world."

## CAMPUS LIFE

# Olivet's Modest Model: dress policy and the fining process

By Matt Dahlberg, Destiny Mitchell,  
Justine Espersen and A.E. Sarver

Will the dress policy  
"rec" the new center?

By Matt Dahlberg and A.E. Sarver

The dress policy on campus has changed slightly within the past five years based on trends and concerns raised by the Associated Student Council and Residential Life staff, but the fining process for students in violation has remained the same.

Over the past three years, hundreds of students have been written up regarding Olivet's dress policy. Among those, nearly 200 students were reported in the last year.

The recent shorts policy revision is not expected to have a huge influence on the number of fines given by Resident Assistants and Resident Directors. The shorts policy used to be "shorts may not be worn until 4:30 p.m." It was changed this year to "shorts may be worn at any time except during chapel, in any classroom, or in any academic building," according to the University Life Handbook.

Below is a comparison between the administration, RDs and RAs regarding how each approaches the fining process.

## RDs and RAs

As a Chapman RA, sophomore Sam Emaus is responsible for reporting men who violate the dress code, among several other expectations (including profanity, stealing and vandalism). The dress code is responsible for upholding the integrity of the community, he said.

If Emaus were to report a male student disregarding the dress policy, it is up to that student's RD to determine if the male will receive a warning or fine.

"RAs don't actually fine people, we have the write up form that we have to fill out. It's just us notifying [the student in violation's] RD," Hills RA and senior Jimmy Phillips said. "It's not as much a write up as it is a referral; we're telling their RD that they broke a rule."

Although there is no quota set by RDs, some RAs feel there is an expectation that they must meet.

"There is no quota, but a lot of the RAs make it seem like there is," Emaus said. "They're concerned if you don't write up someone."

However, junior Alaina Elis, a RA in Grand Apartments, has "personally yet to write anyone up yet."

"As RAs, it's just us doing our jobs and keeping each other accountable," Elis said. "There's definitely not a quota or anything; it's just the right thing to do."

Left: Changes in short and dress length over the past 50 years at Olivet, according to interviews with alumni and past student handbooks.

## Administration and Student Development's influence

Donna McAllister, associate dean of Residential Life, said she communicates with the RDs about how to direct their RAs in conveying the dress policy to residents as a means of portraying "modesty, not legalism."

"When I look at the student body, 90 percent of the campus upholds the dress code," McAllister said. "I rarely see violations. We uphold a community with each other."

McAllister emphasized the importance that trends play in discussing the dress policy at the beginning of every semester within each residential building. For example, in the early 2000s, cropped tops that showed the midriff and exposed thongs were hot trends at the time. No rules were added to the dress policy in the student handbook, however, female RAs and RDs were forewarned about the trends and were expected to address them in meetings.

"A lot of time those characteristics [of the dress code] are mirrored in society," Dr. Max Reams said, who has taught at Olivet for the past 45 years. "Olivet was slow to move with the general culture; it was a progressive change through time."

This included the change from no jeans (including all colors) during the weekday, to blue denim jeans being allowed "for men and women students after dinner Monday-Friday, all day Saturday, and weekdays when classes are not in session" as of the 1986-87 school year. During the 80s and 90s, short dresses, skirts, and shorts caused administrators to designate an appropriate dress and skirt length, starting with the 1989-1990 school year. Additionally, by the 2007-2008 school year, men were allowed to wear earrings, which was a new feat for the

student body.

"We have to respond to trends because they change very quickly," said Woody Webb, vice president of Student Development. "If it becomes one of immodesty, we'll respond quickly and interpret the responsibility of [the] Residential Life staff."

However, Student Development took its time changing the shorts before 4:30 p.m. rule, as Webb's concern was "having to respond to the modesty issue."

Residential Life originally raised the shorts length issue last year. Webb never "consider[s] change unless it is brought up by Residential Life or ASC," he said. This is presented as a written proposal to Webb and his administrative team. The team consists of university President John Bowling; vice president of finance, Doug Perry; vice president of academic affairs, Gregg Chenoweth; vice president of the School of Graduate and Continuing Studies, Ryan Spittal; and Webb.

Decisions are determined by either Webb and Bowling, or Webb and the entire administrative team, which decides if further discussion is necessary. Additionally, Webb shapes his decisions according to "Olivet culture and tradition and the opinions of [his] constituents that includes students, parents, pastors, board members, and church leaders."

With the opening of the Student Life and Recreation Center just two months away, the dress code for the new building has been a much-debated topic among students.

The first pool on campus was opened 70 years ago in what is now Birchard Gymnasium. The rules in place then were very strict compared to the rules being implemented now. For example, men and women had to wear swim caps at all times in the pool area. To use the pool, students had to schedule a pool period, which cost money and was not included in tuition.

Some rumors currently circulating campus regarding the new rec center include:

- Students are required to purchase swimwear directly from the Olivet bookstore.
- Men are prohibited from swimming without a T-shirt.
- Males and females cannot be in the pool simultaneously.

Dr. Woody Webb, vice president of student development, found all of the rumors to be untrue.

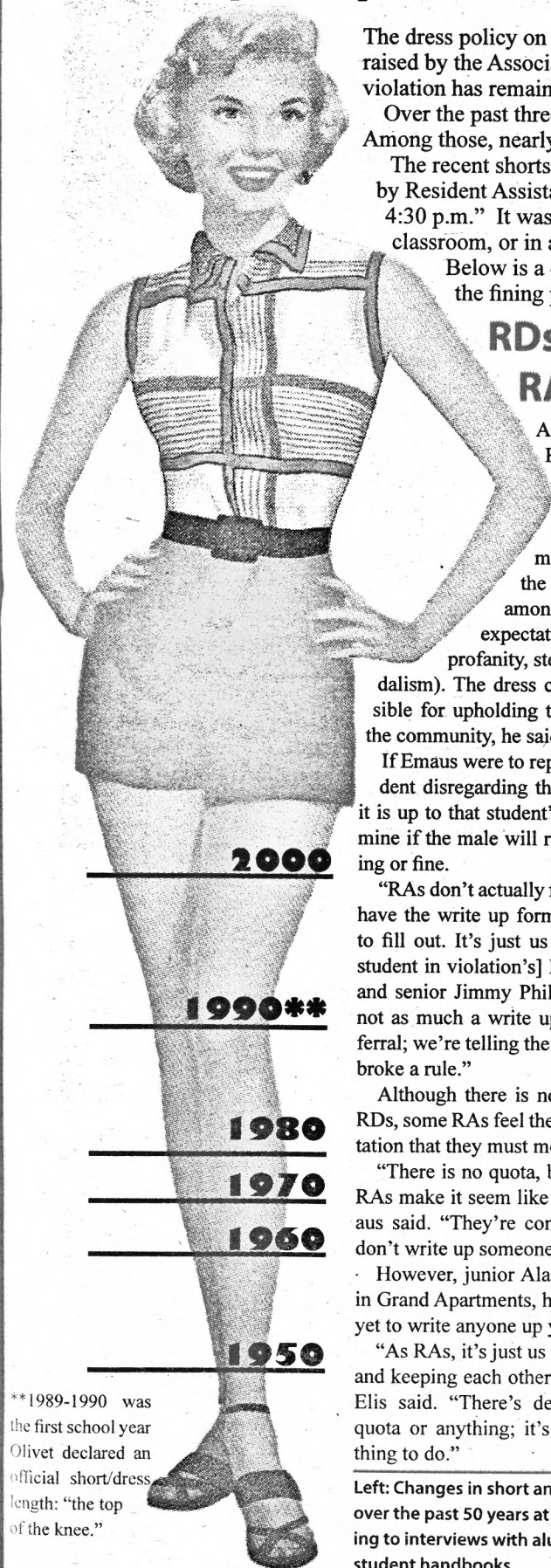
"Swim trunks for guys will be appropriate," Webb said. That means "no speedos, briefs, and for ladies, no two piece, but rather the one piece or tankinis."

Also, Olivet is not providing any type of official swimwear for students to purchase.

Wood clarified that male and female students will be allowed to swim in the pool at the same time.

"Guys and girls can be in the hot tub at the same time," Webb said. And that also applies to the lazy river.

The only other dress code regulation in the Rec Center is that "shirts must be worn at all times." This does not apply to the pool area, but will be enforced in the rest of the building. Shirts versus skins in basketball or in any other sport for males will not be allowed.



2000

1990\*\*

1980

1970

1960

1950

\*\*1989-1990 was the first school year Olivet declared an official short/dress length: "the top of the knee."

	Allowed to wear shorts in class	Allowed to wear tank tops	Freedom of dress, in modest form
Azusa Pacific	Yes	Yes	Yes
Baylor	Yes	Yes	Yes
Brigham Young	No	No	No
Eastern Nazarene	Yes	Yes	Yes
Mount Vernon Nazarene	Yes	Yes	Yes
Point Loma Nazarene	Yes	Yes	Yes
ONU	No	No	No

# OPINION

*Dear In the Headlights,*

By Jimmy Phillips



I would like to begin with an embarrassing story. When I began my junior year of college, I thought it would be a good idea to start taking vitamins. I don't exercise because I sweat and I don't eat healthy food because it tastes bad, so I thought the least I could do is take a One-A-Day.

The first day I took my vitamin, I had to spit it out. It tasted chalky and bitter and not at all like I remember Fred and Wilma tasting ten years ago.

Day two I tried wrapping it in bread like we used to do for my dog when she had to take medication. The bread did not at all improve the taste, so a glob of mushy, orange, half-chewed bread ended up in my trash.

Day three I forced it down with a chocolate chip cookie, and did the same for the next week. Shortly thereafter, I mentioned in class how bad my vitamins tasted. The girl sitting next to me asked what brand I used, and I told her that I was taking One-A-Day's. When she asked me why I tasted them at all, I gave her a confused look. Apparently you aren't supposed to chew adult vitamins.

Very few times in my life have I felt stupid flowing through my veins, but this was one of them. If I had bothered to read the little bottle, I would have known that the vitamins are supposed to be swallowed whole.

I feel like there are lots of times when taking a moment to read a few words would save us hours of time wasted in futility. In our efforts to speed through life, we just don't pay enough attention. If we read the things in front of us and took time for the words to sink in, life would be easier.

The student handbook, the Bible, stop signs, instruction manuals, our textbooks and clothing tags all have life-changing things to say if we would just take the time to digest their words.

Please, read the label.

*From Russia With Love,*  
*Jimmy*

## Why should you vote?

Josh Griffes

GG Contributor

Is voting important? Yes. Is it a right? Yes. Who should be allowed to vote? Everyone. But not everyone has always been allowed to vote, nor has it always been considered a right. Not long ago in our history, women weren't allowed to vote, and not long before that, blacks were not allowed to vote. Voting is possibly one of the most important instruments of democracy in America. Though we are not a pure democracy, the people of this great nation still hold the key to what happens: voting.

Why should you vote? It is through voting that our representatives, senators and the president get elected. They can only run our country if they are elected. This is why you, the citizen, hold the power over what happens in our government. Do you like who is currently representing you? If not, get out and vote for someone whose beliefs align with your own. Don't sit by idly, complaining about the current person. Do something about it by voting.

Does it seem like your vote doesn't count because it might cancel out someone else's? If you don't vote, then the person you were going to

cancel out now has the upper hand. What seems like a worthless vote may actually carry a lot of weight. You might think that if you don't vote, that one little vote won't change anything. Imagine if everyone voting for your candidate felt that way. The other candidate would win by a landslide.

Whether or not you vote, you still pay taxes. Who is in charge of spending that tax money? Those people voted into office—why shouldn't you have a say in how that tax money is spent?

Also, many people think that in order to vote, they have to sell their soul to politics. That is most definitely not

the case. Supporting a particular candidate does not require you to commit to helping with their campaign three hours a week. Voting takes only minutes to do and it is a citizen's responsibility to the society he or she lives in to be informed and take part in this small task at the very least.

Do you like where this country is going? If not, then vote. If you do like where it is going, still vote. Even though everyone has the right, many still do not vote. Of the voting population, only about half actually vote. You have the right, so what are you waiting for? Get out on Nov. 6 and vote. Our country depends on it.

## 'When good intentions aren't good enough'

Rachel Kearney

GG\_Kearney

Throughout Scripture, God makes it clear that the poor are near to his heart and that they should be near ours, too. James 1:27 says, "Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress..."

So how are we to look after the poorest in today's society? As Christians, we are encouraged to go on missions trips—short or long-term. Short-term mission trips are particularly promoted in congregations and youth groups all over the nation. I myself have been on several such trips.

But not everyone within the church agrees that short-term mission trips are good for the people they are trying to help. A couple summers ago, I went to a conference during which one of the speakers addressed this very topic in a seminar titled "When Good Intentions Aren't Good Enough."

Peter Greer, the president of HOPE International, a nonprofit Christian microfinance organization, spoke of how often people who go on short-term trips do not realize the negative impact they have on the communities they visit. HOPE focuses instead on helping members of poor communities around the world start businesses to earn money. Greer said that this not only gives the poor an income, but it also builds their confidence.

Conversely, Greer claimed that short-term trips build relationships over a span of a few days to a couple of weeks, only to rip those relationships away—just one more thing for these people to lose. He added that in many cases projects such as house building take away the dignity of the community, making people feel helpless and unable to fix things themselves.

As I listened to Greer speak during the conference, I could not help but think of the Chinese proverb American conservatives often quote: "Give a man a fish, feed him for a day. Teach a man to fish, feed him for a lifetime." Obviously God does not call everyone to serve overseas long-term or to help the poor "to fish." But I believe he calls everyone to use what he has given us to help the poor and expand his kingdom, even without leaving our homes.

In his book "Revolution in World Missions," K.P. Yohannan, Gospel for Asia founder and international director, writes that at the beginning of his ministry he realized people of his native India would not come to Christ through Western missionaries, but rather through their fellow indigenous people. He encourages Westerners to instead give their money to equip these missionaries to take the Gospel where it has never been heard and to teach young Indian pastors how to read and teach God's Word.

Just to put our economic situation

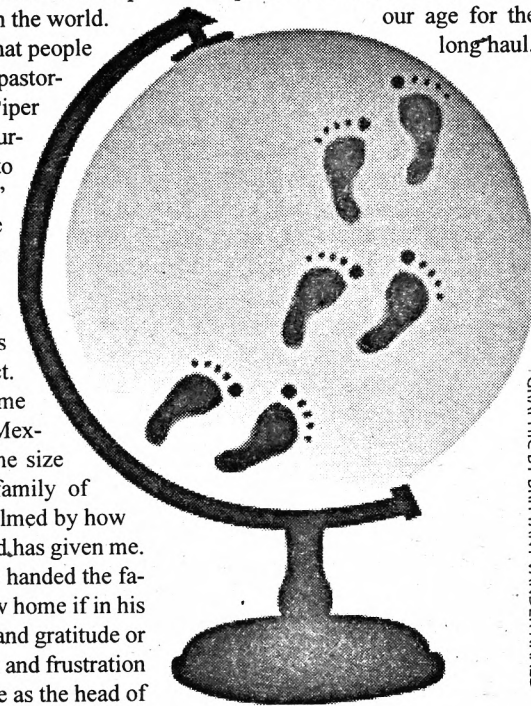
in perspective, Greer broke up the world economically into five categories: destitute, very poor, poor, upper poor, and the top 15 percent of the wealthiest population. He said that 1.4 billion people live on less than \$1.25 a day (very poor), 3.14 billion people live on less than 2.50 a day (poor), and 5.15 billion people live on less than \$10 a day or \$3,650 a year (upper poor). This means that the National Poverty Center's poverty line of \$11,344 per year for a single American under 65 years old, places, even the poorest Americans in the top 15 percent wealthiest in the world.

It is for this reason that people like Yohannan, and pastor-authors like John Piper and David Platt encourage Americans to die to the "American Dream" and to allow God to use their blessings to help the poor and the lost.

Obviously, short-term trips do not always have a negative impact. I remember the first time I travelled to Juarez, Mexico to build a house the size of my garage for a family of ten and being overwhelmed by how much I waste what God has given me. But I do wonder as we handed the father the keys to his new home if in his eyes were tears of joy and gratitude or if they were of sadness and frustration in his failure to provide as the head of

his home.

Do not get me wrong, I would not trade any of my cross-cultural experiences for anything, and I believe God has changed my life and the lives of those that my teams and I interacted with for good. But perhaps we need to change our focus on trips and how we strive to help the poor in general. Perhaps we—myself included—need to let go of how mission trips boost our self-esteem and instead focus on how we can budget our time, money, and talents to allow God to use us to help the widows and orphans of our age for the long-haul.



GRAPHIC BY BRITANY VANDER NAALD

## OPINION

## CHOOSING THE SMARTPHONE FOR YOU

## iPhone 5 vs. Samsung Galaxy S III

Alex Reiter

GG Contributor

One of the most magical times of the year for consumer electronics has come and gone: the time during which Apple announces and releases its latest smartphone. Apple's new smartphone update, the iPhone 5, is already being praised as a welcome upgrade to the iPhone line.

However, rival smartphone maker Samsung, along with many critics, says that the iPhone 5 lacks innovation. Samsung has displayed this opposition by hammering Apple with television ads claiming that "The next big thing has already arrived." Samsung claims that the next big thing is the Galaxy S III, an innovative Android smartphone that has been on the market since early July.

So what kind of truth does this statement carry? Does Samsung have more innovations than Apple? And most importantly, is either option worth the cost? Read on to find answers to these questions.

**iPhone 5**

With the release of the iPhone 5, Apple introduced a taller, thinner, lighter iPhone. The screen is now 4 inches tall, allowing users to see more Tweets, emails and messages. It also provides a better video viewing experience. No longer will users see black bars above and below their movies.

The phone is also 18 percent thinner and 20 percent lighter than the iPhone 4S, which is amazing considering the larger size. Users will immediately feel this difference from previous models when picking up the device. Also, in several brutal drop tests, the iPhone 5 fared very well, as the screen survived drops onto tile, rock, concrete and wood floors from three, five and nearly seven feet.

With the addition of iOS 6 software, users have several new features. The feature that I believe is the most beneficial to students is Do Not Disturb, a single switch in the settings menu that automatically ignores calls and silences alerts so that you can get stuff done. Also, Passbook is a new

iPhone 5	Galaxy S III
<b>Pros</b> -Beautiful 4-inch retina display -Simple, well-contrived software -Sturdy aluminum and glass construction -Best battery life -Fast camera, beautiful photos in any light -Fast 4G LTE without battery drain	<b>Pros</b> -Large, 4.8 inch HD Screen -Removable battery and storage -Good camera -Google Now -More US carrier choices (AT&T, Verizon, Sprint, T-Mobile and US Cellular)
<b>Cons</b> -No removable battery or storage -Scratches easily -Some third party apps are not updated for taller screen -Less US carrier choices (AT&T, Verizon and Sprint) -Boring color choices: black and white	<b>Cons</b> -Average battery life -Cheap Plastic construction -Screen is too big for most -Slow software updates (as usual) -Heavier, thicker and bigger
<b>Price</b> -16 GB - \$200 -32 GB - \$300 -64 GB - \$400	<b>Price</b> -16 GB - \$200 -32 GB - \$250

place for users to keep their digital coupons, gift cards and even tickets. The great features of iOS are still here and more polished with this update.

**Galaxy S III**

Samsung evolved on a much larger scale between releases of its popular Galaxy S smartphones. The Galaxy S III has a bigger, more detailed 4.8 inch HD screen, more storage, built in 4G LTE for faster data on the go, and all in a package that is thinner and lighter than the Galaxy S II. The Galaxy S III also has more software thanks to the completely redesigned Android 4.1.

With Android 4.1 and Samsung's Nature User Experience, users get an

intuitive, unique experience. Taking screenshots only requires a swipe of the palm over the screen, watching video is easier with the video overlay feature, and unlocking the phone requires simply looking at the screen thanks to facial recognition.

The Galaxy S III hardware is where the phone falls short. The entire device is made out of a plastic material that feels extremely cheap and flimsy in the hand. I believe that this was poor choice by Samsung, as the latest smartphones should be considered premium products both inside and out. Although the phone may have the latest in smartphone technology inside, it does not feel that way on the

outside. Those who have big hands or have trouble typing on small screens will find the Galaxy S III to be an enjoyable experience, but beware. Drop tests have shown that the Galaxy S III will break from a fall just three feet high. If you are considering the Galaxy S III, make sure to get a case.

**Which is better?**

I receive this question a lot. And the answer is always different for every person that asks. This is not an endorsement, it is a simple assessment. Like Jonathan Ive, senior vice president of industrial design at Apple, recently stated, phones are probably the device we use most. Phones are a matter of preference.

If you like a smaller, more confined experience that will provide you with a solid feeling device, the iPhone 5 is for you. However, if you are looking for something that has the latest technology and a unique, innovative user experience, then the Galaxy S III is for you.

**Why do I want a smartphone?**

Many college students have already bought smartphones in the last few years, but many others have not yet joined the smartphone owning masses. My summary of owning a smartphone, for the first time is that it changes the way you interact with the world around you, sometimes in a positive way, and sometimes negatively.

Smartphones can be incredibly

helpful for managing time at school. For example, calendar and to-do list reminders can help you keep track of your school-work. Both the iPhone 5 and Galaxy S III have applications that let you do this. On the other hand, social networking apps and games can often be distracting. But this depends entirely on self-control.

If you do not already own a smartphone, I do recommend that you check out one of these devices. Both are worth the price paid and cost of a monthly data plan. The value added can save you a lot of time and can help you communicate more efficiently with your friends and family.

As for students that already have a smartphone, my recommendation to you is this: for iPhone users, if you have an iPhone 4 and you have owned it for two years or more, I strongly recommend that you upgrade to an iPhone 5 soon.

As for Android smartphone owners, I recommend upgrading every two years as well, because as contracts expire, phones soon become outdated. In addition, if your Android handset is giving you issues, I would strongly recommend looking getting the Galaxy S III as soon as possible as, problematic Android phones can be very discouraging and time consuming.

*If you have any questions about the Galaxy S III, the iPhone 5 or anything else technology related, you can email me at [ajreiter@olivet.edu](mailto:ajreiter@olivet.edu) or follow me on Twitter @ghost\_reiter.*



**What's Your story?**

E-mail [glimmerglass@olivet.edu](mailto:glimmerglass@olivet.edu)

with your story ideas!

## SPORTS

## SCORES &amp; MORE

## Men's Cross-Country

Oct. 6	at DePauw-Gibson Family Invite (Ind.)	12th of 30
Oct. 20	at NAIA Great Lakes Invitational (Mich.)	11:00 AM
Nov. 3	at CCAC Championships (Ill.)	11:15 AM

## Women's Cross-Country

Oct. 6	at DePauw-Gibson Family Invite (Ind.)	3rd of 30
Oct. 20	at NAIA Great Lakes Invitational (Mich.)	11:00 AM
Nov. 3	at CCAC Championships (Ill.)	11:15 AM

## Football

Oct. 6	at Siena Heights University (Mich.)	W 20 - 14
Oct. 13	at Waldorf College (Iowa)	L 42 - 43
Oct. 20	at St. Ambrose University (Iowa)	1:00 PM
Oct. 27	Iowa Wesleyan College	1:30 PM
Nov. 3	Trinity International University (Ill.)	12:00 PM

## Men's Golf

Oct. 15	NAIA Midwest Invitational (Ill.)	15th of 19
---------	----------------------------------	------------

## Women's Golf

Oct. 5-6	at University of St. Francis Invite (Ill.)	1st of 5
----------	--	----------

## Men's Soccer

Oct. 3	Trinity Christian College (Ill.)	L 1 - 2
Oct. 6	Illinois Institute of Technology	W 3 - 1
Oct. 9	at Holy Cross College	T 1 - 1
Oct. 13	Calumet College-St. Joseph (Ind.)	W 4 - 0
Oct. 17	Robert Morris University (Ill.)	late
Oct. 20	at Trinity International University (Ill.)	2:00 PM
Oct. 23	University of St. Francis (Ill.)	7:00 PM
Oct. 27	St. Xavier University (Ill.)	7:30 PM
Nov. 3	CCAC Tournament	TBD

## Women's Soccer

Oct. 6	Illinois Institute of Technology	W 1 - 0
Oct. 10	at Holy Cross College	W 8 - 0
Oct. 13	Calumet College-St. Joseph (Ind.)	W 8 - 0
Oct. 17	Robert Morris University (Ill.)	W 1 - 0
Oct. 20	at Trinity International University (Ill.)	12:00 PM
Oct. 24	University of St. Francis (Ill.)	5:00 PM
Oct. 27	St. Xavier University (Ill.)	5:00 PM
Oct. 30	Purdue University-Calumet (Ind.)	5:00 PM
Nov. 3-10	CCAC Tournament	TBD

## Men's Tennis

Oct. 11-12	USTA-ITA National Small College Championship	
	Singles: Julian Kurz placed 5th	
	Doubles: Kurz/Diego Gonsalvez placed 4th	

## Women's Tennis

Oct. 5-6	Hinds-Kellogg Invitational (Ill.)	
Oct. 11-12	USTA-ITA National Small College Championship	
	Singles: Aziza Butoyi placed 7th	
	Doubles: Aurelie Hascoet/Serephine Buchmann placed 2nd	

## Volleyball

Oct. 5-6	CCAC Crossover Tournament	
Oct. 5	Judson University (Ill.)	L 1 - 3
Oct. 6	Illinois Institute of Technology	W 3 - 0
Oct. 6	Cardinal Stritch University (Wis.)	L 0 - 3
Oct. 9	at Purdue University-North Central (Ind.)	W 3 - 0
Oct. 11	University of St. Francis (Ill.)	L 0 - 3
Oct. 16	Purdue University-Calumet (Ind.)	
Oct. 19-20	Grand View University Invitational	
Oct. 19	RV Evangel University (Mo.)	6:00 PM
Oct. 19	Jamestown College (N.D.)	8:00 PM
Oct. 20	RV Davenport University (Mich.)	10:00 AM
Oct. 20	Grand View University (Iowa)	12:00 PM
Oct. 23	Indiana University-South Bend	7:00 PM
Oct. 26-27	CCAC Crossover Tournament	
Oct. 26	Roosevelt University (Ill.)	5:00 PM
Oct. 26	St. Xavier University (Ill.)	7:00 PM
Oct. 27	RV Robert Morris University (Ill.)	10:00 AM
Oct. 27	Trinity International University (Ill.)	2:00 PM
Oct. 30	Calumet College-St. Joseph (Ind.)	7:00 PM
Nov. 3	Homecoming Alumni game	3:30 PM

## Fall sports updates

David Parker

@GG\_Parker

Olivet's fall sports teams continue to push toward the end of the regular season.

For some teams, their performances now will affect whether or not they make it to the postseason.

## Men's Cross Country

The men's team most recently finished 12th out of 30 teams at the Rose-Hulman Pre-Nationals on Oct. 6. The team dropped out of the top-25 rankings but was still receiving votes in the Oct. 10 poll.

Among the team's strongest performers at the meet were senior Nic Mizeur, who came in 32nd with a time of 26:16; sophomore Marshall Hawn, who finished 63rd with a time of 26:47; and senior Kasey Ferrigan, who came in 68th with a time of 26:51.

## Women's Cross Country

The women continue to be among the NAIA's elite, maintaining their No. 3 ranking as of Oct. 14.

At their most recent meet, the women's team finished 3rd out of 30 teams at the DePauw-Gibson Family Invite on Oct. 6.

Individual highlights from the event include senior Kortney Ellingboe, who finished ninth with a time of 22:27; freshman Kathryn Dean, who finished in 20th place with a time of 22:57; and junior Chantalle Falcon-

er, who finished 22nd with a time of 22:59. Freshman Kathryn Dean also was named the CCAC Runner of the Week on Oct. 9.

## Men's Golf

The men's golf team finished off their season placing 15th of 19 at the NAIA Midwest Invitational on Oct. 15. They were led by sophomore Michael Bork who finished 31st.

## Women's Golf

The women's golf team brought their season to a close by winning their last two tournaments.

They took first-place in their final tournament at the St. Francis Invitational on Oct. 6. Senior Gwen Holmes and junior Ashley Miller led the team by taking first and second place respectively.

The team also finished first at the CCAC Invite on Oct. 2, led again by Holmes and Miller, and fifth at the Bethel College Invitational on Sept. 25.

The team completed their fall season with two first-place finishes, a second place and two fifth-places.

## Men's Soccer

The men's team's was 6-4-3 heading into their game against Robert Morris University (Ill.) on Oct. 17. Their next game is at Trinity International University on Oct. 20.

Among the team's top performers was junior Michael Da Silva, who notched his seventh goal of the season on Oct. 13 against Calumet College of

St. Joseph (Ind.).

## Women's Soccer

The women's team, ranked No. 10 in NAIA, currently has a record of 12-2 (8-0 in conference), most recently defeating rival Robert Morris University 1-0 on Oct. 16. Their next game is at Trinity International University on Oct. 20.

The team's top performers have included senior Katie Dirkse who was named the CCAC Defensive Player of the Week on Oct. 17. Fellow senior goalie Wendy Espejal also continued her own personal success, recording her eighth shut-out of the season against Robert Morris.

## Volleyball

The ladies of the women's volleyball team are 7-21 after defeating Purdue-University-Calumet in three straight sets. Their next games are at the Grand View University Invitational at Des Moines, Iowa on Oct. 19-20.

## Football

ONU's football team currently has a record of 1-6, most recently losing to Waldorf College on Saturday by the close score of 42-43. Their next game is against St. Ambrose University in Iowa next Saturday.

Among the notable players on the team is sophomore defensive end Myles Toney, who was named Mid-States Football Association Midwest League Defense Player of the Week after Olivet defeated Siena Heights University on Oct. 6.

## Winter teams start official practices

David Parker

@GG\_Parker

The winter teams are fine-tuning as the tip off of their seasons is right around the corner.

After returning to Olivet from fall break, the men's and women's basketball teams officially began practices after months of preparation.

Most teams in the NAIA begin their seasons by Oct. 1, said Ralph Hodge, head coach of men's basketball. However, he believes beginning later is the best choice for the team.

"To delay the beginning of team [practice] is valuable for us," Hodge said. "Because of the length of the season, it's important to back up."

Despite the delay, the team is prepared to transition into practices.

"We've been doing 2-3-4-man movements, going up to 5-man movements with offense and defense," student assistant coach Antonio Marshall said of the team's work on plays and ball movements from their preseason to official practice.

The men will begin their season during Homecoming weekend on Nov. 2 as they face Clarke College (Iowa).

With their unique fast-paced style, the women's team's focus has been slightly different than the men's.

"[The team is] really working hard to get back into 'Tigerball' shape," junior and captain Liz Bart said.

Prior to the season exhibition opener and Homecoming game on Nov. 2 against Lincoln Trail Community College (set to tip off before the men's game), the team will play scrimmage games against three teams on Oct. 20 at the St. Xavier University (Ill.) Jamboree. Their official games begin on Nov. 7 as the Lady Tigers travel to Trinity International University (Ill.) for conference play.

As for the men's and women's swimming teams, the swimmers are continuing to prepare for their first-ever meet set for the weekend of Nov. 16 at Wabash College (Ind.).

"We're still doing our dry land practices about four times a week," senior Mark Lynn said.

## SPORTS

## How to: train for a road race

Morgan McCrie

@GG\_McCrie

Over fall break, many Olivet students ran in the Chicago Marathon, which attracts runners old and new from all over the area. According to runningusa.com, the number of road race finishers per year in the U.S. has nearly tripled since 1990, and running events this year have reached a record high.

People run for numerous reasons: to lose weight, to stay fit, to be competitive, etc. Whatever the reason, committing to a race is a great way to keep you motivated to run.

Typical road race distances range from a 5K (3.1 miles) to a marathon (26.2 miles). Those distances can seem daunting, particularly for those with little or no running experience, but if you know how to train, running one of these races is do-able.

## GEAR

**Shoes:** Just grabbing some old Converse low-tops or the gym shoes you used in high school P.E. is not a good idea. With all the miles you will be running, old shoes, or shoes that are wrong for your feet, ensure high risk of injury. Specialty running stores are

a great place to start because the people who work there will be able to tell you what shoes would be best for your feet, depending on how you run, and the type of training you want to do.

**Clothing:** While shoes may be the most important piece of running gear, clothing is also very important, especially with the winter months approaching. In general, try to avoid cotton because once it gets wet, it stays wet. Go for synthetic athletic apparel. These will wick moisture away and keep you warm and dry.

## BEFORE YOU RUN

1. **Make a plan:** There are many great day-by-day running plans developed by professionals to prepare you for whatever race you are running, in whatever time you have to train.

2. **Set goals:** Set short-term and long-term goals, but keep them realistic. If you do not meet one, do not get discouraged. Keep moving forward.

3. **Avoid comparisons:** Everyone starts somewhere. Running takes hard work and dedication and you may not see improvements right away.

4. **Don't get overzealous:** If you are a beginner, use a training schedule designed for beginners and stick to it. Doing "too much, too soon" is one of

the most common ways runners get injured.

Follow the 10 percent rule. Don't increase your mileage by more than 10 percent every week.

Take your rest days even if you don't feel like you need them. Your body needs time to repair your muscles and recover, especially if it's not used to running.

Listen to your body. You will probably be sore, especially in the first few weeks of training, but if something feels abnormal, then stop. It is much better to take a day or two to cross-train or rest than not be able to compete.

## PREPARING TO RUN

As the weather gets colder, warming up before running and stretching afterward becomes more important. Cold muscles are more likely to get pulled, strained, or tight. Warm up before you stretch to get your muscles loose and warm. Also, start at a slower pace and build speed as you go to warm up your muscles.

## STAYING MOTIVATED

1. Having a running partner makes a run more fun and helps it go by faster. A partner also helps keep you accountable. If you make plans to run

with someone else, you are much less likely to back out.

2. Runs also go by faster and are more enjoyable with a good playlist.

## NUTRITION TIPS

Your eating habits are essential in order for you to see results. There are few differences between a healthy diet for the average person and a healthy diet for a runner, but there are some important differences to note:

1. **Low-carb diets** are popular, but if you are training for a race you need these carbs. Complex carbohydrates, like whole grains, provide the energy you need to get through runs.

2. **Protein** is important for runners because the body needs it to repair muscles that are broken down during exercise.

3. **Iron deficiency** is common among runners (particularly females), and it can greatly affect your ability to run, causing fatigue and sometimes fainting. Foods full of iron include red meats, spinach and beans.

4. **Chocolate milk** is an excellent post-run drink because it has the ideal amount of carbohydrates and protein for your tired muscles. Many consider it better than sports drinks like Gatorade.

## Former Olivet athlete narrowly misses Olympics

Morgan McCrie

@GG\_McCrie

Former Olivet student Mark Hollis just missed making the Olympic pole vault team at the Olympic trials in Eugene, Ore. this past June.

Hollis, a 2007 graduate, was two spots away from making the team and was just one of five competitors to clear 5.6 meters, placing fifth.

Because there was a four-way tie for the final spots on the Olympic team, attempts and passes were used as tiebreakers. Hollis elected to pass at 5.5 meters and took three attempts to clear 5.6 meters, which put him in fifth place, according to the USA Track and Field official results.

"I think the worst part of it was that I knew I deserved to be there," Hollis wrote of the loss on his blog. "I was the best prepared, but in pole vault sometimes it just doesn't matter."

Following the trials, Hollis competed in Europe and then took his longest break from jumping since college, according to his blog. He has begun training again and said that he is "ready for a fresh start."

## Chicago sports updates



## Chicago Bears (4-1)

Oct. 7

@ Jacksonville Jaguars W, 41-3

Oct. 22

vs. Detroit Lions 7:30 p.m.

Oct. 28

vs. Carolina Panthers 12 p.m.

• Week of Oct. 10: Charles Tillman named  
NFC Defensive Player of the Week



## Chicago Bulls (Preseason)

Oct. 9

vs. Memphis Grizzlies W, 92-88

Oct. 12

vs. Cleveland Cavaliers L, 86-83

Oct. 13

@ Minnesota Timberwolves L, 82-75

Oct. 16

vs. Milwaukee Bucks



## Chicago Cubs

Season recap:

Record: 61-101 (.377)

- Finished in fifth-place in the National League's Central Division
- Did not participate in playoffs
- 2012 All-Stars: Short-stop Starlin Castro and first baseman Bryan LaHair
- First 100-plus loss season since 1960s



## Chicago White Sox

Season recap:

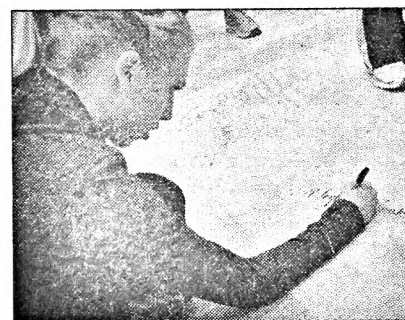
Record: 85-77 (.525)

- Finished in second-place in the American League's Central Division
- Did not participate in playoffs
- 2012 All-Stars: Designated hitter Adam Dunn, pitchers Chris Sale and Jake Peavy, first baseman Paul Konerko

## SPORTS

## Track team autographs new home

Jill Bowling invited the track team to sign where the nearly completed indoor track will be laid in the new Student Life and Recreation Center.



Above: The track team gathers before practice on Oct. 9 to leave their mark on the cement that will be under the indoor track. Left: Sophomore Meghan Houk signs her name. Right: Seniors Jillian Versweyveld, Kaitlin Loos, Rebecca Compton and Hilary Moore watch as senior Paula Saewert signs the floor.



PHOTOS BY MORGAN MCCRIE

WE'VE GOT  
COLLEGE  
COVERED.

## Who are we, you ask?

We're Hammes Bookstore and we provide everything students need to get more college for their money. From college gear and school supplies to food and beverages and everything in between, we're the complete college outfitter.

**OH!** We almost forgot—thanks to our Best Price Promise\*, you always get the best prices. In fact, if you find a lower textbook price locally or online, we'll beat it by 10%. No questions asked!

HAMMES BOOKSTORE Powered By Neebo

One University Avenue | 815-939-5331 | [neebo.com/olivet](http://neebo.com/olivet)

\*Restrictions apply. See store for details. Excludes peer-to-peer marketplace offers.

BEST PRICE  
PROMISE