

2-18-2016

GlimmerGlass Volume 75 Number 08 (2016)

Grace King (Executive Editor)
Olivet Nazarene University

Jay Martinson (Advisor)
Olivet Nazarene University

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Recommended Citation

King, Grace (Executive Editor) and Martinson, Jay (Advisor), "GlimmerGlass Volume 75 Number 08 (2016)" (2016). *GlimmerGlass*. 1005.
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Olivet alumnus remembered for his unique voice, love

Nathan DiCamillo
Life & Culture Editor

From day one, Kyle Allen Lowry was the loudest. And his voice can still be heard by those who knew him in countless stories retold from treasured memories.

Lowry, 27, of Winamac, IN, died on Feb. 3, 2016. He was born on July 20, 1988, to Kent and Deena Lowry and earned his Bachelor's Degree in Pastoral Ministries at Olivet in 2012.

"My favorite memories are with Kyle and his friends from ONU," Deena Lowry wrote in an e-mail. "When Kyle's home family and school family were together, Kyle was at the top, and sometimes over the top with love and laughter for all."

Kyle was a "prankster," Mitch Johnson, who lived with Kyle on Chapman second floor, recalled him duct-taping an "entire bed" to a roommate's ceiling.

"He had a flair for jokes and making them epic and theatrical," Johnson said.

Kyle's "theatrical" style was well-known among his friends.

"Kyle loved playing different personalities," said chapel worship leader Joey Ramirez, a resident assistant (RA) in Chapman during Kyle's freshman year.

Kyle would yell across the quad or across the Ludwig cafeteria if he saw a friend that he wanted to say hello to, Samantha Davey and several other ONU alumni said.

Kyle's humor and boisterous nature permeated his relationships with friends at ONU. Kyle "lived life relationally," Dr. Woody Webb, Vice President of Student Development, said at

his funeral on Feb. 8 at Frain Mortuary in his hometown.

"Best known for being loud and friendly and connective," Johnson said. "Crazy thing about him, one minute he would have you laughing with your stomach hurting, and the next minute he would be having a heart-to-heart with you."

Ian Matthews, who also lived with Kyle on Chapman second, added, "Everything for Kyle was a vector for conversation."

Kyle's encompassing personality was what created the dynamic of Matthews' freshman floor.

"Our vocabulary, jokes, attitude, and way of doing life - we got that from Kyle," Matthews said.

Kyle had the ability to turn everyday social interactions into memorable "events," said Spencer Cook, another RA in Chapman at the time.

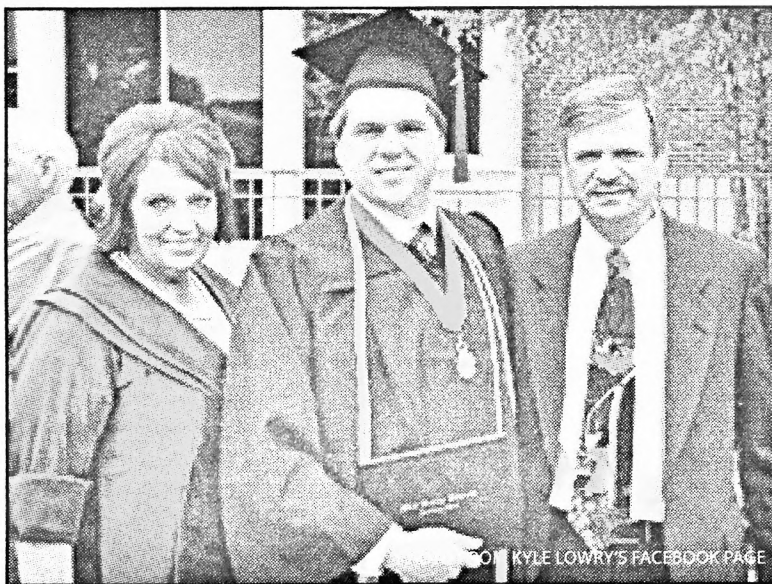
"If you had breakfast with Kyle, it would be more than breakfast," Cook said. "It would become something big. He would reach out to you a couple times before to show you how excited he was."

No one was "off limits" for Kyle, Johnson said. Three weeks into their friendship, Kyle invited Johnson to go to a wedding in which Kyle was the best man. Johnson attended the bachelor party, wedding rehearsal, and the wedding itself.

"I was this scared little freshman kid," Johnson said. "He introduced me to the whole wedding party and vouched for me ... and it was a blast."

Kyle's friendships were evident in the outpouring of messages on his Facebook wall.

"You truly were an indescribably



Kyle Lowry graduated from Olivet in May of 2012. Here, he stands with his parents Deena and Kent Lowry.

beautiful person that brought joy everywhere you went," a friend wrote. "You made everyone feel like a million bucks when they were with you."

Kyle was a person marked not only by his humor, love and friendship, but also by his compassion. His desire to be with other people was not limited by difference.

"On paper, Kyle and I didn't really have that much in common," another friend wrote on his wall. "Our beliefs, opinions, or taste in music never quite aligned, but that's what made him such a tremendous human being. There were no prerequisites to receiving his love and friendship."

One former Olivet student wrote about his experience of being Catholic and having Lowry as his Christian Formation group leader.

"As a Catholic student at Olivet, things got a little uncomfortable for me sometimes," the student wrote. "But I always felt welcomed and encouraged in Kyle's small group. He not only respected my personal faith, but he also encouraged me to pursue it. Though we had differing opinions about religion, I never felt closer to Christ than when I was talking with him."

Kyle made his friends feel valued. "I've struggled, like most people, with having self-worth," Johnson said. "Kyle showed me in his little quirky ways that I was worth something. He included you and made you feel like you had something to give."

Kyle's optimism despite his long struggle with depression was an inspiration to many. He often wrote about

Kyle's Many Achievements while at Olivet:

- VP for Publicity for the Film Club
- Member of the Social Life Committee while also serving on the Sophomore Class Council
- VP for Social Life on the Executive Council of student government
- Student Body President in 2011
- Recognized for his service and leadership by the Lincoln Academy of Illinois in 2011

mental illness on his Facebook wall. Katie McCooley, Kyle's ex-wife, who has just been accepted into a master's program for School and Mental Health Counseling, is "making it [her] goal in life to help as many people as [she] can to stay mentally healthy."

McCooley wrote on his wall, "You taught me about mental illness and yet again, that people are still people despite their flaws, actions, and emotions. That has helped me so much. It's allowed me to love my students in a new way. ALL of them, even the ones who are difficult to love because they are struggling with difficult situations in life and with myriads of different emotional disorders."

Webb ended his comments at Kyle's funeral with two points of which he was certain: 1) "that we have a loving, compassionate, and gracious Heavenly Father" and 2) "that Kyle is with Him."

"The memory of his love and devotion to God will always be with me. He walked the talk with our Lord and Savior," Deena said.

Olivet goes global through online courses

Taylor Provost
News Editor

Last month, Olivet Nazarene University announced establishment of ONU Global (ONUG), a program that oversees the University's School of Graduate and Continuing Studies and administers non-traditional learning.

Non-traditional learning includes online courses, as well as on-campus sites students may attend once a week, making it a realistic fit for the adult student, according to Carrie Dilley, Executive Director of Marketing & Communications at the Indiana site.

"Not everyone can do traditional school," Dilley said. "I think the adult student is a completely different type of student; they have families, jobs and they're just busy." ONUG has on-ground sites in Illinois, Indiana and Michigan, offering more than 30

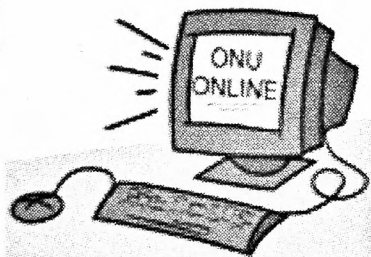


ILLUSTRATION BY JONAH SUNDERLAND

undergraduate, graduate and doctoral programs. Students can take online courses, attend on-ground classes once a week or do a combination of the two. With approval for online programming in 46 states, ONUG offers 14 programs fully online.

Fully online programs available include a Bachelor of Science in Nursing (RN-BSN), Master of Science in Nursing and Family Nurse Practitioner Certification in nursing, a Bachelor of

Business Administration, Bachelor of Applied Science in Management, Master of Business Administration and Master of Organizational Leadership in business, an English as a Second Language Endorsement, a Middle School Endorsement, Teacher Leader Endorsement, Reading Specialist and Master of Arts: Curriculum and Instruction in education, a Bachelor of Science in Criminal Justice, Master of Engineering Management in engineering and a Master of Pastoral Leadership in ministry.

ONUG now has about 850 staff members, according to Dilley. "[ONUG] has really taken shape rather quickly," Dilley said of the program that has exploded over the past two years. "We're projecting the strongest year yet this year with enrollments." ONUG currently has about 3,000 learners in their system and will start

about 2,000 new students during this fiscal year.

Partnered with more than 200 organizations across the United States, ONUG has more than 150 learning locations, including five regional centers. Partnerships with corporations, hospitals, schools districts and churches allow students affiliated with these partners entitlement to tuition discounts, access to professional development seminars, use of ONU facilities and additional benefits - a major recruiting tool, according to Dilley.

Keeping true to their global mission, ONUG has a presence in Hong Kong along with partnerships in China, the Czech Republic, South Africa, Dubai UAE and Israel.

"Thousands of students are currently enrolled in the School of Graduate and Continuing Studies, and many new students are starting every

day, creating rapid growth in Olivet's non-traditional programming," said Dr. Ryan Spittal, vice president for strategic expansion, in a press release. "The purpose of ONU Global is to continue expanding the missional impact and quality programming of Olivet. Over the next five years, we expect continued significant advances in our operation, including new programming and locations that expand opportunities for students."

"Olivet has become a leader in the Christian non-traditional learning environment, and ONU Global provides the opportunity for growing numbers of individuals to access Olivet programming," Spittal said.

Additional information about ONU Global and Olivet's School of Graduate and Continuing Studies is available at graduate.olivet.edu.

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STAFF LIST

Grace King
EXECUTIVE EDITOR

Taylor Provost
NEWS EDITOR

Nathan DiCamillo
LIFE & CULTURE EDITOR

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MacKenzie Mahaffey

Sarah Ortman

Alyssa Franklin

Grace Pelley

PHOTOGRAPHERS

Eddie Ochoa

Joy Katenkamp

Luke Baker

Grace Thomas

Kayla Young

Jonah Sunderland

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COPY EDITORS

Heather Halverson

Megan Mattila

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ABOUT GLIMMERGLASS

The *GlimmerGlass* is the official newspaper of the Associated Students of Olivet Nazarene University and a member of the Illinois College Press Association. The opinions expressed are those of each writer and are not necessarily held by the Associated Students Council, faculty, administration or students of the university.

Until 1941, the university newspaper was known simply as *Olivet News*. Former adviser Bertha Supplee proposed the name *GlimmerGlass* after visiting upstate New York, where she discovered a lake with the same name. The lake was as clear as glass and "glimmered" in the breeze. The newspaper staff adopted the name in spring of 1941, with the vision that it would symbolize the paper's mission to reflect the truth and the values of Olivet Nazarene University.

LETTER SUBMISSION

The *GlimmerGlass* encourages readers to respond through letters to the editor. For publication, letters must be signed and sent to campus box 6024 or e-mailed to glimmerglass@olivet.edu. The editor reserves the right to edit letters for structure, style and length. Publication is not guaranteed.

A Global Glimpse



GRAPHIC BY STEPHANIE LINQUIST

Boko Haram raid in
Nigeria kills at least 65

NIGERIA – Boko Haram is the suspected perpetrator in the latest brutal raid in Nigeria, according to the New York Times.

After months of relative peace in that part of Nigeria, dozens of homes were burned and children were abducted. There was also a suicide bomber who blew up people seeking refuge under a tree. Government officials cited the death toll as 65 killed, with twice as many injured. The attack happened in Dalori, a small village outside of Maiduguri, capital of Borno State in northeastern Nigeria.

Nigeria's president Muhammadu Buhari had declared Boko Haram "technically" defeated after a military campaign by Nigeria and its neighbors, but this latest attack seems to contradict that statement. While the group had been in recent weeks only been carrying out attacks by suicide bombers, this attack has gone above and beyond those.

French law forbids food
waste by supermarkets

FRANCE – France is now the first country in the world to ban supermarkets from throwing away or destroying unsold food, according to The Guardian. Instead, France now forces the supermarkets to donate it to charities and food banks.

Supermarkets will also be barred from deliberately spoiling food in order to stop it being eaten by people foraging in stores' bins. Bosses of supermarkets 4,305 sq. ft. or more will have to sign donation contracts with charities or face penalties, including fines of up to €75,000 (\$108,120).

The law will also allow food banks to increase the quality and diversity of food they get and distribute, according to Jacques Baillet, head of a network of French food banks.

Before the law, French food banks received 100,000 tons of donated goods. Even a 15 percent increase in food coming from supermarkets would mean 10 million more meals being handed out each year, Baillet said.

Astronomers say a Neptune-sized planet lurks
beyond Pluto

U.S. – The solar system once again appears to have nine planets. Instead of Pluto, this time it's a body nearly the size of Neptune – but as yet unseen – that orbits the sun every 15,000 years.

The object is currently called Planet X, and was discovered by planetary scientists Konstantin Batygin and Mike Brown of the California Institute of Technology in Pasadena, according to sciencemag.org.

Sciencemag.org also reports that the likely planet is similarly tilted. Its closest approach to the sun is seven times farther than Neptune, or 200 astronomical units. To put that into perspective, one AU is the distance between Earth and the sun, or about 150 million kilometers.

Brown is also the scientist who discovered Eris, a rock nearly the same size as Pluto, which then led to the reclassification of Pluto as a dwarf planet.

The discovery is still a hypothesis until there's a direct detection.

Controversy over cause
of microcephaly cases in
Brazil ensues

BRAZIL – Whether Zika is to blame for cases of microcephaly in infants has been up for debate after a report by Argentinian doctors claimed a larvicide used in drinking water could be the cause of the defect, according to the Telegraph.

Brazilian health officials addressed claims that the larvicide pyriproxyfen, which is used to control the Aedes aegypti mosquito, could be associated with a rise in babies born with microcephaly.

The group of physicians said the chemical had been introduced into drinking water supplies since 2014.

The report also noted that there had been no cases of microcephaly in other nations impacted by Zika.

The federal government was quick to dismiss the claims, insisting there had been no scientific study that linked the chemical to microcephaly.

The government said the larvicide was recommended by the World Health Organisation (WHO).

In the church around the world

Senegal church
strengthens farming in
needy community

SENEGAL – Nazarene missionaries Tim and Michelle Eby had been serving in Senegal for years when Tim became concerned about the numbers of pastors who left their villages due to lack of sustainable resources, according to Engage Magazine.

Nonprofit organization Heifer International reported that a majority of Senegal's population lives in rural areas and rely on agriculture for their livelihood, but only 47 percent of its land area is used for agricultural purposes. Senegal has proven a difficult climate for farming.

To help, Nazarene leaders are in the midst of building a model farm in the desert of Senegal, where they can test greenhouse technology alongside improved agricultural methods, developing and demonstrating sustainable farming practices.

The project is now registered as an official water project with Nazarene Compassionate Ministries.



PHOTO BY NCN NEWS

Only one wall of Fartura Church of the Nazarene was left standing after the storm. (NCN News)

Church member killed
in Brazil church collapse

BRAZIL – A severe storm hit the south portion of Brazil's Piauí state in the fall, destroying much of the area. One of the most affected areas was the town of Fartura, where the Fartura Church of the Nazarene collapsed, killing at least one and injuring several, according to NCN News.

"Pastor Francildo was conducting a service but needed to close the meeting because of the hailstorm and strong winds, asking everyone to return to their homes," said Gerson Cardoso, field strategy coordinator for Brazil North.

Two men were still inside closing up the church when the building collapsed.

Cardoso said the church is focused on the family of the member killed as well as reconstruction of the church.

Manteno church knits
hats and scarves for
Syrian refugees

MANTENO, IL – A couple dozen church members from the Manteno Church of the Nazarene have recently begun to aid about 60 Syrian refugees in a north Chicago neighborhood by knitting hats and scarves for them, according to The Daily Journal.

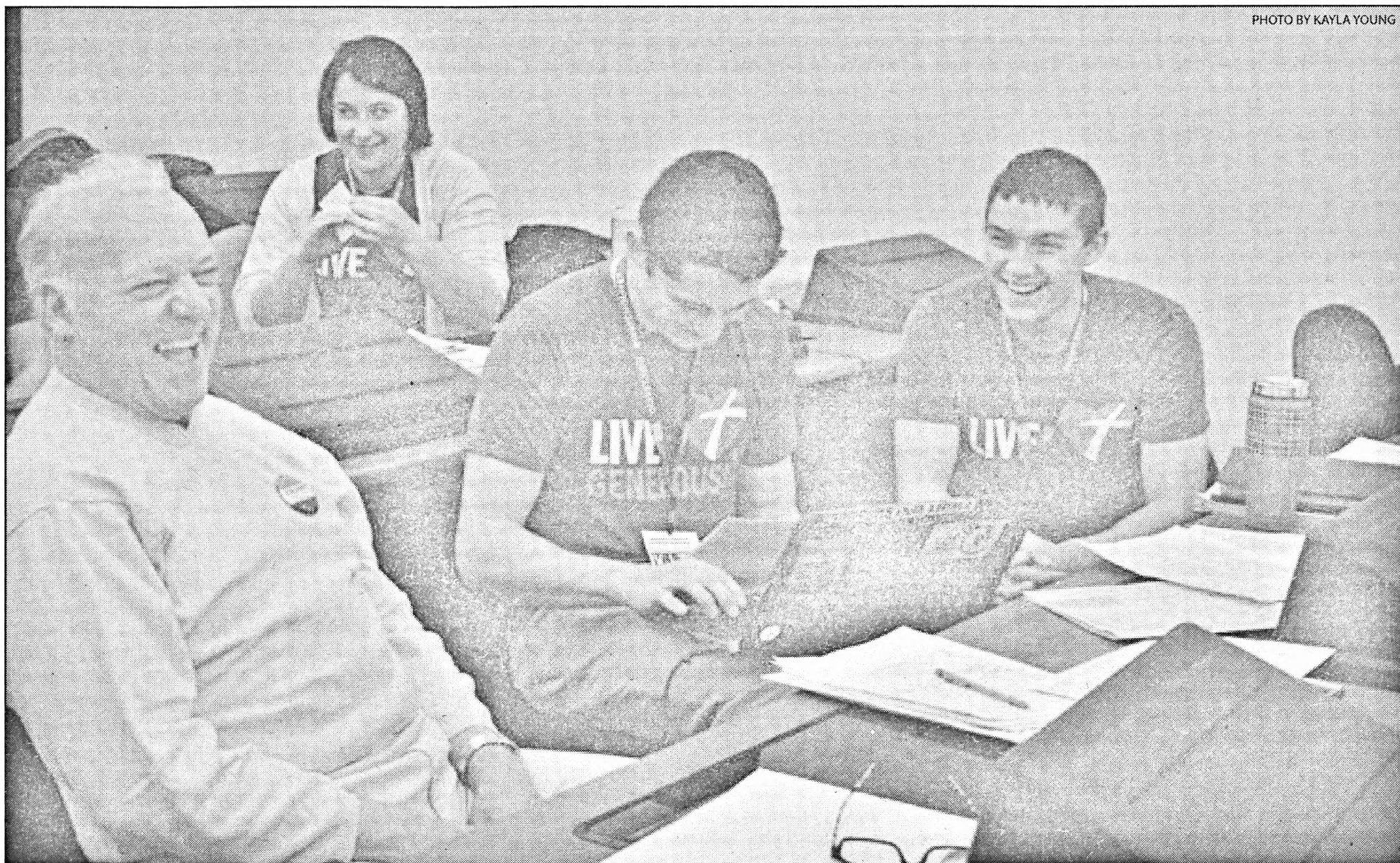
Just before Christmas, church member Sharyl Whittington felt a burden watching the coverage of the Syrian refugee crisis on the news.

"I thought, what can I, one person, do to help these people?" Whittington said. Whittington then met local Fadia Mabus, who is from Latakia, Syria, and moved to Bourbonnais in 2010.

Together, the two began crocheting and knitting hats and scarves for the refugees and got other members from the church involved. The church members call the project "Love in every stitch."

In just less than two months, 120 scarves and hats were made in all sizes.

PHOTO BY KAYLA YOUNG



Junior Chandler Tuckerman (middle) and sophomore Kyle Smeltzer (right) of the new Volunteer Income Tax Assistance (VITA) program help tax payers with low to moderate income file their taxes free of charge in Weber Center, room 103, on Saturdays.

Got taxes? Get VITA!

Kelli Poole
Staff Writer

Tax season is right around the corner, and for a lot of people, that's a stressful thought.

Filing taxes can be confusing and if they aren't filed carefully, making a mistake can be very easy. Some avoid the stress of filing taxes altogether by hiring someone to file their taxes for them, but this option can be very expensive.

The average college student, then, has an impossible dilemma: doing it on one's own may lead to mistakes, but getting help is unaffordable — this is where VITA aims to help.

According to Dr. Mark Williams, a professor in the business department, Olivet's new program, VITA (Volunteer Income Tax Assistance), "is designed to provide tax assistance to tax payers with low or moderate incomes," Williams said. "Those folks who couldn't otherwise go and afford to have somebody professionally prepare their returns."

The VITA program is sponsored by the IRS (Internal Revenue Service) and was brought to Olivet through the efforts of the Enactus program. A group of students from the program wanted to use their skills as accounting and business majors to serve the community.

Senior Tyler Ellis, a member of Enactus, said, "Dr. Williams brought it up and a bunch of us thought that [VITA] would be a cool project to start on campus here. It's great for the community, great for students. It's kind of a win-win for everybody."

For right now, the VITA site is only

*It's kind of a win-win
for everybody.
- Senior Tyler Ellis*

going to operate on Saturdays from 10 a.m. to 1 p.m., except for breaks, in Weber Center, room 103. "As things progress, if we need to be open additional hours and we can find people to staff the times, then we'll be open more hours as well," Williams said.

There are flyers around campus with a list of the things that people need to bring with them to the VITA site in order to get their taxes done. There is an income limit of \$54,000.

Anyone is encouraged to come to get help with their taxes or to have their taxes filed for them. "VITA is not limited to students," Williams said. "It is available to faculty, staff, and members of the community. We are hoping to be able to serve the community with this free service."

"It's a way of giving back," Ellis said. "It looks great on our resumes, but at the end of the day the real reason that we're doing it is to use what we're gifted at to help people in the community, to help students. I think Dr. Williams and all of us kind of view it as a ministry opportunity, not just a tax return that you can go get anywhere else."

Filing taxes and serving the community, according to Williams, "is what the VITA program is all about."

Tax hacks: What you put on your W-4 matters

Kelli Poole
Staff Writer

Before you file your tax returns or receive your tax returns, there is another form that has to be filled out. That form is the W-4.

A lot of people just go through the motions when filling out this form, but there are some strategic aspects—do's and don'ts—of filling it out that will either help or harm you when it comes to filing for taxes.

Know whether or not your parents are going to claim you as a dependent on their tax return. According to irs.gov, if your parents are going to list you as a dependent on their tax return and claim a personal exemption for you, then you can't claim a personal exemption on your own personal tax return.

Don't put exempt on your form. A lot of students whose annual incomes are less than \$6300 are tempted to put exempt when filling out their W-4's. But Lori Hoekstra, Assistant Controller at Miller Business Center, advised against this. "If you put exempt on your W-4, then you will have to fill out a new one every year," she said. Instead, she suggests putting either a 1 or a 0.

Know when to put 1 and when to put 0. Dr. Mark Williams of the Business Department said that, for Illinois residents, if your parents claim you as a dependent on their tax return and you make more than \$2,150, for state purposes, put a 0.

"If you make more than 2,150 bucks and you put something other than zero on your W-4, you're going to owe money to the government

when you file your tax return," Williams said. Putting a 1 or a 0 also depends on your own personal preferences. Williams said, "The rule of thumb is this: if you want more tax withheld, then put zero."

If you want less tax withheld, then put one. If you like getting a bigger refund because that's the way you save money, then have a lot withheld from your pay so when you file your return you can get a refund."

Know when you are eligible for exemption. According to irs.gov, whether or not you are eligible for tax exemption depends on four things: the amounts of your earned and unearned income, whether or not you are claimed as a dependent on another person's tax return, your filing status and your age.

Know whether you are considered an employee or an independent contractor by your employer. Dr. Williams offered this last piece of advice when it comes to filling out the W-4. According to him, the difference between the two is that employers who treat you as an independent contractor won't withhold any taxes but will give a 1099 at the end of the year, which would make you responsible for your own taxes.

"Under that scenario, what that employer is basically arguing is that you are in business for yourself and you're not an employee of that organization," Williams said. "So, make sure you look at your paycheck stub after you start getting paid to see whether you have taxes withheld."

Following this advice before tax season comes will help you to get the most out of your return.

Student music group raises money for London trip, then college

Nathan DiCamillo

Life & Culture Editor

"Music means life," said senior Aaron Evans, waxing philosophical. "Idiot!" senior Malik Temple said, hit his forehead, and laughed. Sophomore Phil Glover began to play a slow beat on the drums as freshman Timothy Jones stepped up to the keyboard. Evans continued: "Music starts off in the skies and comes down to the earth."

Music also means a trip to London.

London Bound is an independent music group made up of six ONU music students: Temple on the drums, Evans on the Trumpet, Phil also on the drums and his brother senior Sam Glover on the bass guitar, junior Daniel Kwon also on the bass, and Jones on the keyboard.

Some of the band members sing, but they usually "invited vocalists when they are available" to join them, Phil said.

In September of last semester, the group was formed in an effort to raise money for its members to make to the New Year's Parade in London with ONU's Marching and Jazz bands.

London Bound was formed at the suggestion of Dr. Matthew Stratton. "Legit, it happened right after jazz band rehearsal," Jones said.

The gigs alone did not pay for the music groups' trip to London, but "they did catch the attention of the right people to pay for it," Jones said.



Ashley Sarver performed as a guest vocalist with London Bound during Pancake Feed.

Now, the band continues to play to pay for the band members' college costs. They began by playing at ONU's Pancake Feed last semester and continue to do gigs at churches, school events or in Common Grounds. With the help of ONU graduate Amy Bolton, the group is playing at the Chi-

cago History Museum on May 26.

Playing-wise, the group does not yet have any original music, but they have "some dope music coming," Jones said.

Right now, the group plays multiple genres. For jazz, they favor artists like "Herbie Hancock, Stevie Wonder, Mi-

chael Jackson, and some current [artists] too, like Adele and Bruno Mars," Sam said.

Most of the band members got introduced to music through church.

Jones' first two music influences were gospel musicians in his church.

"For 10 years, I've been influenced

by different musicians," Jones said. "God is opening doors and giving me teachers who have encouraged me."

Every Sunday, Phil would play the beat to each worship song on his chair. "He's been playing for his entire life," Sam said. "I like to play and use my [talent] to give back to Jesus," Phil said.

Sam didn't start playing music until Phil started. He was heavily influenced by his dad's involvement in the gospel groups at his church, and the competitions they participated in.

"Both Phil and Sam were self-taught until college," Sam said. "We found ways to do it on our own."

Kwon has always been around music. Growing up, he took lessons for piano, flute, violin, and guitar.

"In a way, music saved me," Kwon said. "All the knowledge in the world didn't matter. The way music spoke to me was how I understood God."

Evans watched his sister play in a band before him. As he came of age, he played in the same band as his sister and chose the trumpet over the saxophone, drums, and guitar.

"Listening to smooth jazz helps me to clear my mind," Evans said. "It's an escape where the world slows down."

Temple would play a beat on "everything...counter, car seat, table."

"It's how I meet people," Temple said. "It's a universal language that speaks across cultures. It brought me to college from Maryland."

Olivet named Best Christian Workplace

Mackenzie Mehaffey

Staff Writer

For the eleventh year in a row, Olivet has been named one of the Best Christian Workplaces. The university earned this honor for the Best Christian Workplaces Institute (BCWI), and is one of only five U.S. higher education workplaces to receive this honor, as well as the only in the state. Director of Business and Human Resources David Pickering said Olivet received this honor for two primary reasons. "First, Olivet has exceptional employees who are here because they believe in the mission of the university, and also believe in each other. Second, Olivet has had exceptional leadership from Dr. Bowling and the vice presidents who provide a supportive environment for employees," he said. The Best Christian Workplaces Institute is an organization that provides consultation and research to help Christian workplaces flourish. BCWI not only certifies places as the top Christian Workplaces, but they also give feedback as to how each workplace can improve.

In order to qualify for the Best Christian Workplaces designation, the employees of Olivet had to complete the BCWI employee engagement survey. According to Pickering, Olivet has just fewer than 600 full-time employees currently. Eighty percent of Olivet employees participated in completing the BCWI employee en-

gagement survey. The surveys remain anonymous, providing the employees no benefit for completing survey in anything but an honest fashion. The employees' responses were then evaluated under the BCWI standards in the areas of staff calling and passion, trustworthy culture, talent management, strategy and execution, innovation and staff involvement, authentic Christian leadership, personal development, compensation and benefits and teamwork.

Teamwork was especially emphasized by Pickering. "We have many events that bring us together," he said. The employees had a "field day" over Winter Break where they competed in a variety of games, including tug-of-war. This field day is the faculty version of the student's Ollie's Follies.

"The tenure of the administration has provided consistent leadership across good times and times that have been more challenging. There is a strong trust between administration and employees," Pickering said.

"The information we receive [from BCWI] gives our leadership and campus community a better understanding of the health of ONU," Pickering said. "Our collective goal is to continue making ONU a great place to work; a place that models Christian virtues in how we interact with one another while we provide our students an education with a Christian purpose."

A model citizen

Daily Journal names Bowling Citizen of 2015

Jada Fisher

Staff Writer

"Over time, I have come to appreciate the communities around Olivet. This is primarily because of the community people and the business and civic leaders I have come to know," Olivet Nazarene University President Dr. John Bowling said. "The true nature of a community does not rest on location or socioeconomic factors, but on the people and the values which dominate the community." For more than a decade, local newspaper the Daily Journal has given many distinguished individuals their annual "Citizen of the Year" recognition. For 2015, Bowling received the honor for "his devotion to Olivet and the community at large," the Daily Journal reported.

Daily Journal staff solicits and receives nominations from the public, and also gathers internal nominations, Daily Journal reporter Mike Frey said.

"A couple factors made Dr. Bowling an easy choice," Frey said. "The fact Olivet celebrated its 75th year in Bourbonnais in 2015 was one. The fact that Dr. Bowling is currently celebrating his 25th year as Olivet president was another. But it's not all about longevity."

Dr. Bowling has called the Bourbonnais-Kankakee area home for the past 33 years. He's been praised for bridging the gap between Olivet and the local community.

According to Daily Journal, Bowling furthered the formerly uneasy relationship between the French-Canadian Catholic neighbors and the then-new (Olivet) Church of the Nazarene communities.

"The way he has led the opening up of the Olivet campus to the community at large, and the way he has encouraged outreach into the community at

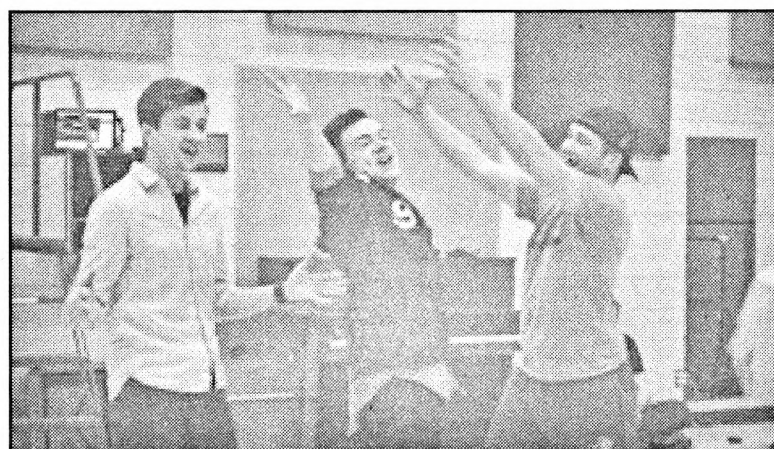
large by the Olivet community, were the main considerations. He and the university are among the area's most coveted partners in promoting goodwill and progress," Frey said.

Bowling addressed the issue from way back when during a community celebration last fall but doesn't take the credit for its resolve. He gives the credit to his predecessors Harold Reed and Leslie Parrott Jr., Bowling told the Daily Journal.

President of Kankakee Peoples Bank, Jeff Hammes' grandfather Roy Hammes was a known Catholic business man during the post-World War II era, Daily Journal reported. Roy developed a friendship with former Olivet President Reed. It was "one of the earliest inroads," Jeff cited. "Since then, Dr. Bowling has opened doors wide open to the community," he continued.

In the Daily Journal's report, Hammes mentioned many local happenings which have taken place under Bowling's administration, all of which have benefited and brought the Olivet and local communities together. Among those listed included Bears Camp, the Kankakee Valley Symphony Orchestra performances held on campus and Olivet student outreach efforts (Heart for Humanity and Salvation Army volunteers).

"Before Dr. Bowling became Olivet's President, he was my pastor. I've watched him lead in great times and through difficult situations. He is a leader among leaders and provides the kind of example that all of us can follow. He exemplifies the kind of leader and citizen I want to be," Vice President of Student Development Dr. Woody Webb said.



PHOTOS BY KAYLA YOUNG

West Side Story is shown Feb. 25, 26, and 27 at 7 p.m. with an extra showing on Feb. 27 at 2 p.m.

West Side Story: 'Bridging the gap'

Lauren Stancle
Assistant Editor

In "a society that is as hard and unforgiving as concrete or brick" it is "the eternal belief that through such suffering and loss 'someday, somehow, somewhere' ... the bricks may begin to crumble." This is the message of the classic, "West Side Story," according to its director professor Jerry Cohagan.

Brought to the stage by 37 stage members, this play is a tragedy based on Shakespeare's Romeo and Juliet.

"It is a story that is continually retold, whether it be in Romeo and Juliet, or whether it be found in today's

voices shouting about building a wall to keep others out, or chanting in our own streets that 'Black lives matter.' Our world seems so polarized," Cohagan wrote in his Note from the Director.

A main theme of the play is tolerance and accepting differences in others. West Side Story illustrates how we can "bridge the gap" between our differences and "leaves us with hope for a better world."

Cohagan added: "I think we need to begin to respect that which we don't understand, and we can begin by lov-

ing people."

The director hopes that everyone leaves the show entertained, but also moved to make a difference, and that the audience would recognize the outsiders in their lives, who could even be their neighbor.

The theatre department last produced West Side Story in the spring of 2007. With this year's play, Cohagan said, "we had a unique situation arise." Cinderella was supposed to be the spring play this semester, but could not be because of a licensing issue.

Tickets can be purchased online at

We need to begin to respect that which we don't understand... by loving people
- Professor Jerry Cohagan

olivet.edu/tickets or by calling 815-939-5110. The play will be shown Feb. 25, 26, and 27 at 7 p.m. On Feb. 27, there is also a 2 p.m. showing.

"Get 'em early," Cohagan said. "Last year we sold out and had to turn people away."

Music Ambassadors equip students for leadership in ministry

Jada Fisher
Contributing Writer

Those interested in developing worship leading experience, exploring a call to ministry, or considering full-time servanthood might be suited for Music Ambassadors (MA).

Olivet's Music Ambassadors program is designed to connect students with local churches to lead worship in their Sunday services, Operations Manager for the Music Ambassador Program Matthew Jones said.

Music Ambassadors gives students eight opportunities each semester to travel to local churches. Students typically stay in host homes, work with the church pastor to plan the service and teach Sunday school. Students also speak to the congregation about their experience at Olivet. The leaders send them with interest cards and t-shirts for prospective students, Jones explained.

According to Jones, the time commitment usually spans from Saturday afternoon to Sunday night. Student sign up for available church services prior, so specific weekends away are planned in advance. Most students travel an average of three times.

"It's a great benefit to build relationships with pastors and congregations," both students and the church are encouraged, Jones said.

Other aspects of the being a music ambassador include meetings and special events. Every other week music

ambassadors gather in Kelley Prayer Chapel for Tuesday Night Worship in conjunction with Preaching Ambassadors. Three students give sermons and two lead the worship set. Students are also evaluated by the leaders, Jones said. Music ambassadors also have training sessions, fall retreat, Christmas party and year-end party.

Beyond Sunday services, music ambassadors lead youth revivals and retreats. Both Music and Preaching Ambassadors have partnered with the Bickford of Bourbonnais senior home.

Music and Preaching Ambassadors function in College Church's office of church relations. In the past year and a half, 15 students have led worship in 109 churches, reaching 8,168 people, he said.

Though most churches that students travel to are Nazarene churches, which support Olivet financially, other denominations they've gone to include Wesleyan, Methodist, Church of God and Free Methodist.

During the fall semester students can attend information meetings and sign up expressing interest and later audition. Each spring MA leadership conducts a selection process.

Though the audition process has already started, interested students can email College Church Relations Operations Manager, Jared Richey at jrichey@olivet.edu.

Student creates Olivet Geofilter for Snapchat

Jeremy McGrath
Contributing Writer

Freshman Luke Peterson just downloaded Snapchat last year. By early Nov., he had created Olivet's first Geofilter.

After downloading Snapchat, Peterson found out Olivet did not have its own unique Geofilter. "A lot of my friends schools had similar snapchat filters, and I thought it would be cool if Olivet had one," he said.

When on Olivet's campus, users have the option to attach Peterson's filter which features the caption, "Olivet Nazarene University," in yellow lettering and Olivet's cross symbol. To make this happen Snapchat accesses the user's location and searches for any filters in that area.

Peterson designed an image for Olivet using Image Drawer. He followed Snapchats step by step instruction on how to construct the filter—getting the right dimensions, making the image transparent, etc. Without spending any money, Peterson completed the filter in two days and submitted it to Snapchat for approval.

Snapchat approved the filter within a week. "It's pretty easy to make [a filter], and you can have multiple ones for the same school, if people have another idea ... go ahead and submit it," Peterson said.

Peterson is currently a business major at Olivet, yet his interest in digital art has become one of his side hobbies. Peterson took a few art classes during middle school, but most of his artistic skills developed later. He is mostly self-taught using online editing programs. Peterson is familiar with photo editing programs like Sumo paint—which he used to design the current filter—and Gimp that are free and easy to use, according to Peterson.

He is currently taking a computer apps class which has helped him to become more familiar with creating apps. Peterson said he intends to update the filter or even create a new one over summer break.

Snapchat users can access filters in their location by going to "Settings" on the app and turning on the filters option under "Manage." This will allow anyone using Snapchat to access filters in their location.

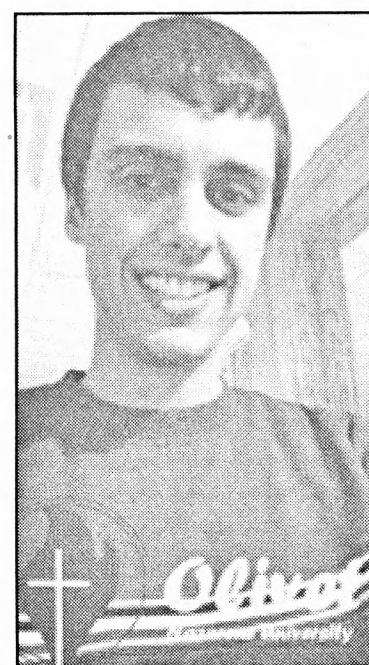


PHOTO PROVIDED BY LUKE PETERSON

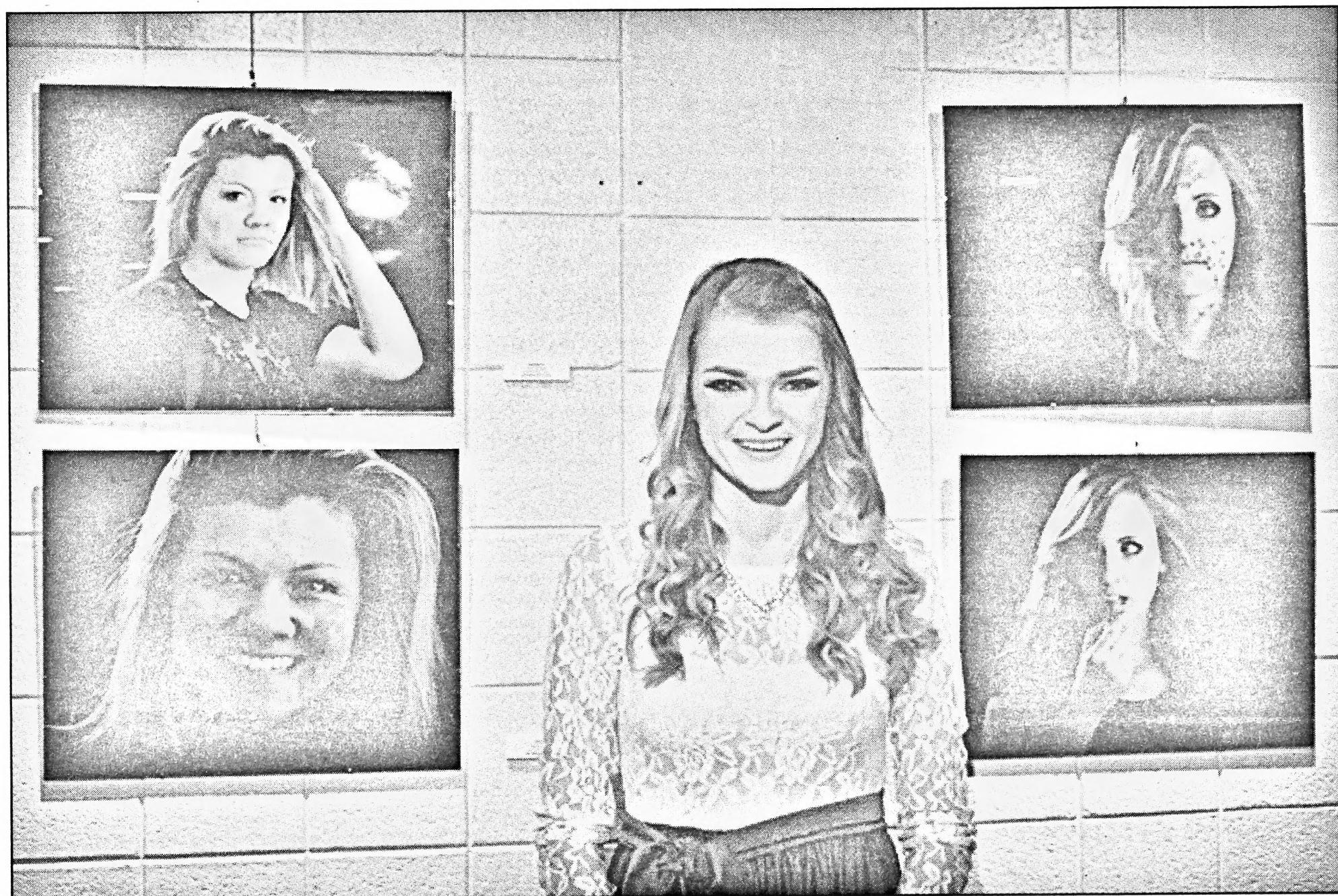
Freshman Luke Peterson created Olivet's first Geofilter for students to use when they allow Snapchat to access the user's location.



Are you a photographer or graphic designer looking to build your portfolio?
Work for the GlimmerGlass!
Email: glimmerglass@olivet.edu

Capstone: A crown

Senior art projects reflect personal passions



Meredith Renewanz

Grace King
Executive Editor

Instead of showing the beauty of women without makeup, senior Meredith Renewanz wanted to show how makeup can be empowering.

The Business and Photography major knew since her sophomore year that she wanted to use makeup in her senior show. But throughout her college years, her focus shifted.

"Usually society views women with makeup in a negative light," Renewanz said. They are judging them if they don't wear enough eyeliner and if they wear too much, she said.

With that in mind, Renewanz thought she wanted to go the route of photographing women naturally, without makeup.

But Renewanz herself found she couldn't view makeup in that light. "I view it as confidence," she said.

Rather than showing how women are confident without makeup, Renewanz wanted to show how confidence is enhanced with makeup. "Instead,

Without it, I don't feel confident. I wanted to show the positive light of makeup.

-Meredith Renewanz

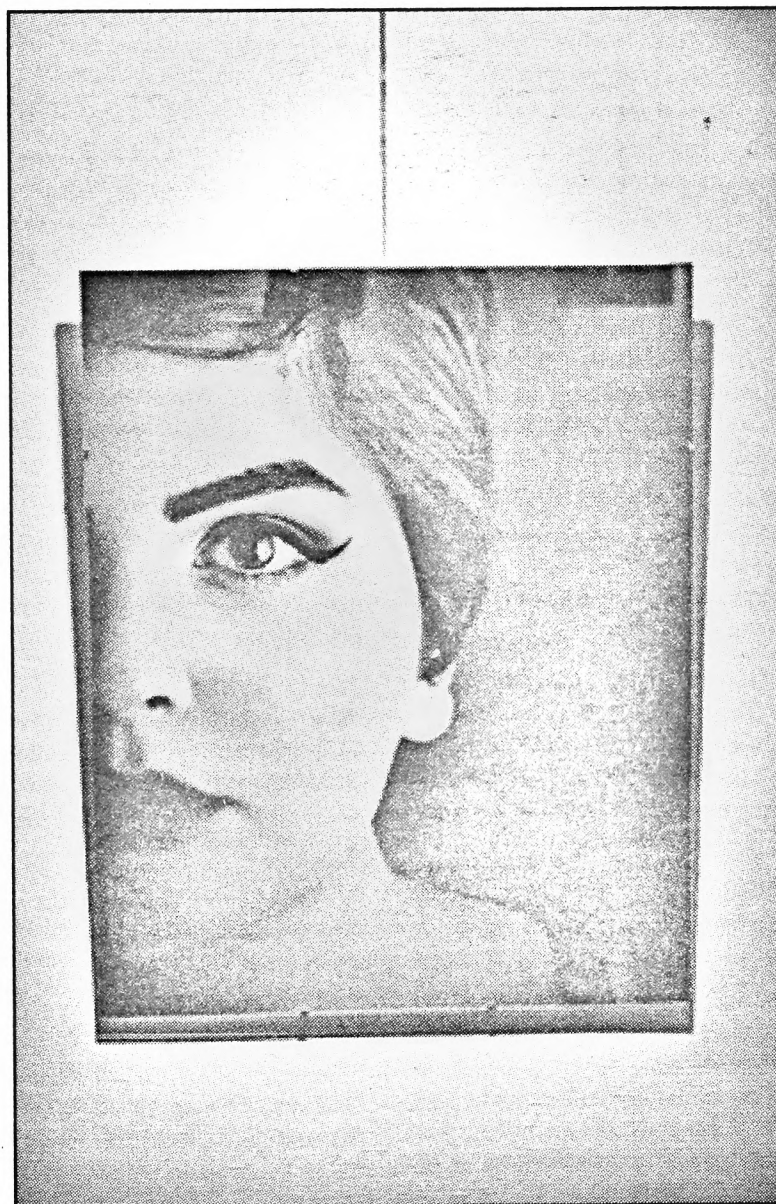
I took it to the extreme. Very in your face," she said.

Not only was she the photographer of these portraits, but she was the artist of the makeup -- something she is well trained in as an employee at Ulta.

Not all of the portraits she took worked for her piece, however, and Renewanz spent a lot of time in the studio. She said there were some eight-hour days where at the end of the day, none of the photos were right for her show.

This was a trial and error process, she said. With that, came class critiques, something she was often nervous about.

"Hearing feedback helps you learn and grow. I have to remember that nobody is trying to hurt me. Learn how to better yourself," Renewanz said.



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PHOTOS BY KAYLA YOUNG

Jacob Dillman

Senior Jacob Dillman felt like he wasn't getting out of his comfort zone.

Starting in May 2015, Dillman looked towards his far-off senior art show and slowly started brainstorming. With a concentration in graphic design, he knew he wanted to combine the digital media with photography and illustrations. The next question was combine them to create what?

"It became what I was going through at the time," Dillman said. He was behind a window, watching the world from a comfortable place and not reaching out.

That was when Dillman was first able to conceptualize his show: "Window Pains."

And within that conceptualization, he strove for depth, because "that's what I like about art," Dillman said.

The graphic artist had a difficult time putting together the pieces of his show, however, and was more interested in everyone else's concepts than his own.



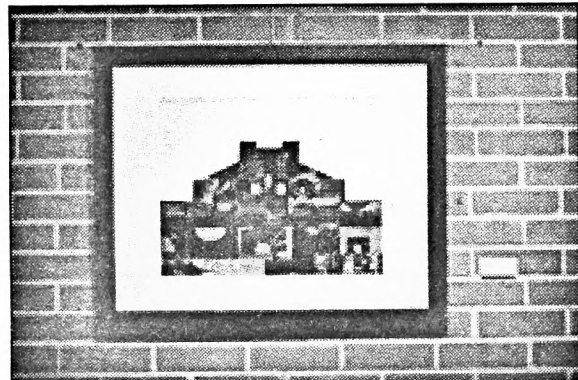
A specific place that spoke to him while he was creating his show was an abandoned prison near his house in Virginia. He knew he wanted to use that in his show, but it started out very

surface level. Until he found his call to action.

Throughout his pieces, Dillman explores destruction and brokenness in the world. But he doesn't leave it there.

Dillman wanted to show the positive side too, how Christians need to step away from complacency, be Christ-like, and go out into the world with love.

"In these moments we are overlooking the pain and suffering that happens when people try to live without Jesus," Dillman said in his artist presentation.



Lindsay Hathaway



The first piece she created for her show was structured, confined... and she hated it, senior Lindsay Hathaway said.

So she destroyed it.

Now Hathaway had to create a piece that she could like. She had to let go of control and let her artistic side take over.

"After that first piece and destroying it, sometimes I would throw pieces of it on my artwork for the show to help with composition," Hathaway said. "Even if something doesn't turn out, embrace spontaneity."

Doubling as a Psychology major, Hathaway wanted to research how psychology and art work together. Throughout the creation of her art show, she was also working on a quantitative research project. In her

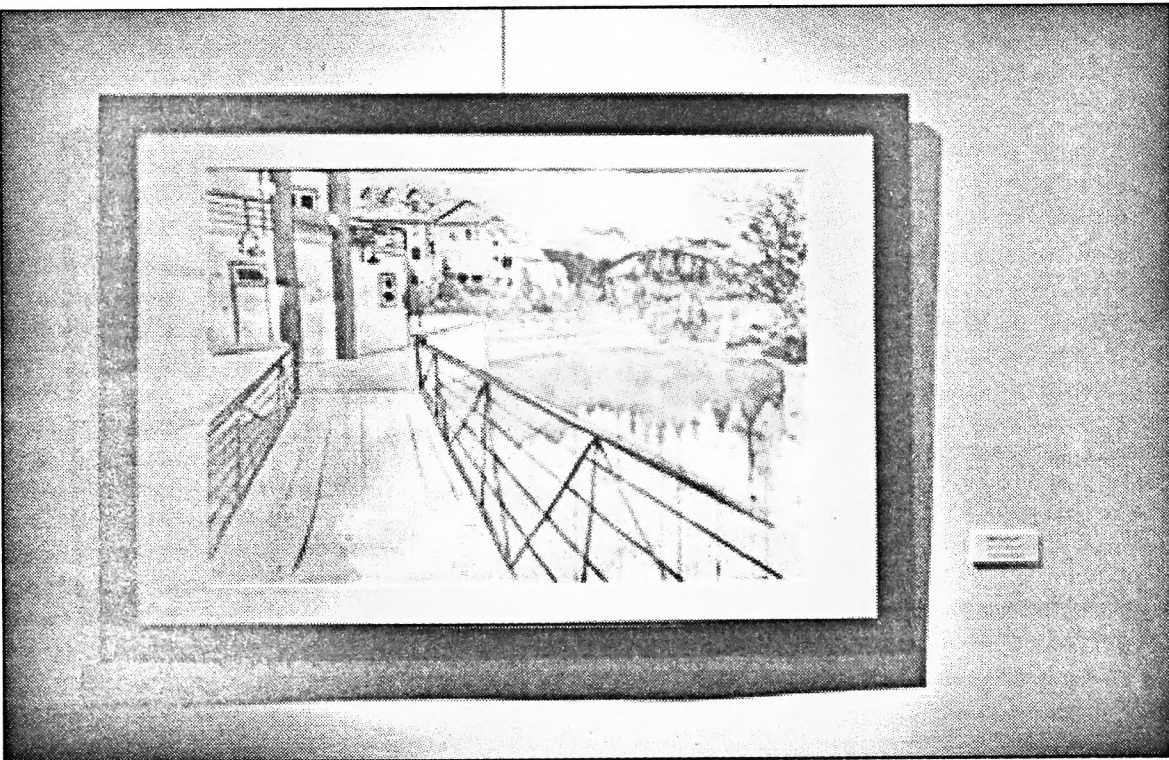
research project, she is studying how physical environments affect the way people view art.

"You don't know how it's going to turn out, but you can bring it back to something that makes sense," Hathaway said.

Using coffee and watercolor, Hathaway set out to create architecture and titled her piece "Differing Paths."

"As seniors, we're all going in different directions and that's something to showcase," Hathaway said about her capstone art show.

An important aspect for Hathaway in creating her show was that it reflected her and how she has been shaped by her environment - how she has grown and changed in her time at Olivet.



Understanding an eating disorder

Mariah Garratt

Advertisement Coordinator

"Let's get healthy next semester!" she told herself.

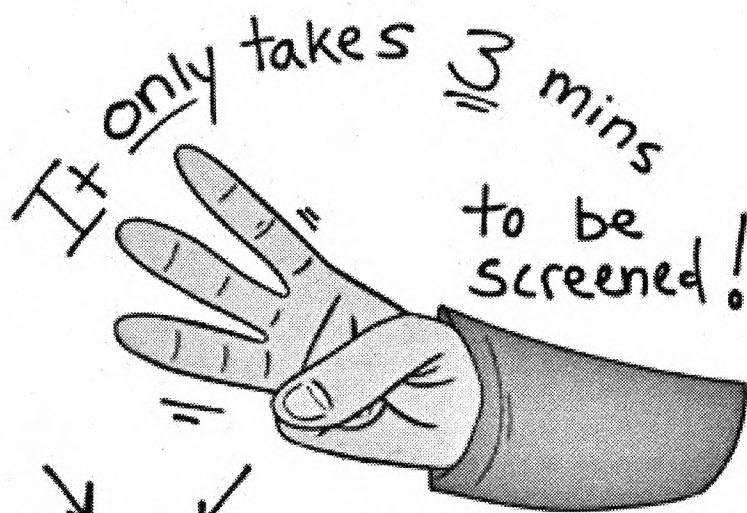
Sophomore Liana Chirkina's eating disorder started with seeing a family Christmas picture and making a resolution to get healthy her second semester of college. She devoted herself to loving salads and working out multiple hours a day. Yet, the more she devoted herself to healthy pursuits the less satisfied she felt.

Liana recounted sitting on her bed one day in shock, finally realizing exactly what she was dealing with. It took her a long time to start being open with others, even herself.

Feb. 21 marks the beginning of national eating disorder awareness week. NEDA, an organization devoted to supporting people with eating disorders, is offering a free online screening for students. With straightforward questions, and confidential results, the quiz can be finished in just three minutes.

Career and Health Services reported that over 400 Olivet students took an online screening test in the past year. Sophomore Emily Veach believes that students in "the Olivet bubble" often feel uncomfortable sharing struggles, including all varieties of disorders. "Most of the time people just don't know anything about these disorders," she explained. "So they don't try to understand."

Veach is an outspoken supporter



<http://nedawareness.org/get-screened>

ILLUSTRATION BY JONAH SUNDERLAND

of people with mental disorders. She implored people to understand that a person with an eating disorder can't just wake up and turn their thoughts on or off. Chirkina agreed: "It's less like a light-switch and more like a dimmer." One day the effects might be diminished or they can come back in full-force the very next day.

Veach and Chirkina have teamed up with nine other Olivet students in an effort to minister to people dealing with mental illnesses. Chirkina urged people who are struggling to understand that their condition does not define them.

"I am a sister, daughter, friend, and great lover of books and poetry," Chirkina said. "There's so much more

to me than just this little part. I used to let it define me, and so I forgot who I was. But you have to be willing to let it go and find the help that you need."

For those who wish to find help and answers, Counseling and Career Services (CCS) offers free appointments. Students don't have to commit to a long-term schedule, and can visit as a one-time occasion. CCS recently hired a staff dietician who will work alongside students to form effective healthy eating plans.

Dr. Lisa Vander Veer is the director of Wellness and Career Services, and started as a staff psychologist in 2009. She urged students to stop by and speak with her. "It's not as scary as you think I will be," she said.

Tips from Lisa Vander Veer

- **Know your "triggers."** It's easier to avoid the things that cause negative thoughts and emotions than to turn away after you've been triggered.
- **Triggers come in many shapes and sizes.** One person could be motivated to binge-eat after tasting a particular brand of chips, while another might be triggered by a pair of skinny jeans.
- **People can be triggers too.** Remember, those people are probably struggling with their own problems beneath the surface.

(If you have a friend with an eating disorder...)

- **Be there for them.** Prove to them that you want to be there for them in the good days and the bad ones. Offer to sit in the waiting room with them if that's what they need.
- **Use honesty with sensitivity.** Liana Chirkina recalled that one friend told her to, "Just stop!" While the friend might have had good intentions, it ended up damaging their friendship.
- **DO NOT force them to eat.** Forcing someone with an eating disorder to eat is like trying to convince someone with a fear of heights to jump out of a plane, telling them, "Don't worry! Your parachute will work!"

Film review:

'The Big Short'

Jack White

Staff Writer

(4 out of 4 stars)

If you had told me a year ago the director of Will Ferrell comedies like "Anchorman" and "Talladega Nights" would make an Oscar worthy film, I would have laughed. However it has happened in "The Big Short."

"The Big Short" is directed and co-written by McKay, and stars Christian Bale, Steve Carell, Ryan Gosling, and Brad Pitt. It shows a few select individuals who had the knowledge and foresight to find a way to profit off of the impending 2008 housing crisis, before anyone else knew it was coming. This movie is educational and well made.

I have very little of knowledge of Wall Street and economics, so going into a movie about the economy was intimidating. If anyone but McKay had made this film, it would have been overwhelming trying to understand, but he turned this into a learning experience.

Towards the beginning, some of the characters in the movie and the audience watching it were on the same page: not understanding the housing market. McKay uses this, and his character are teaching us while teaching each other.

In the event that the current topic would have been something everyone in the film knows, he will have a celebrity guest, like Margot Robbie, come explain concepts like CDOs and how mortgages are structured. This is not only a fun way to learn, but it also plays like a commentary in this movie.

A lot of times it felt like a documentary. This was perpetuated by the performances in this movie, because they

were so good you did not notice them.

This movie was not interested in its characters. The story needed a way to be told and our actors were the way. That takes some unique actors and casting was well done. In fact, the one or two scenes in which the movie tries to add depth to the characters feels terribly out of place and forced because it takes away from the focus.

Of the cast, Steve Carell is who impressed me the most. To see someone go from playing Michael Scott on "The Office" to a character whose only purpose is to help move the plot along floored me. Being able to write and direct characters like that is also something I never would have expected from McKay.

McKay's style is a lot of fun to watch. He has plenty of fourth-wall-breaks that point out flaws within the movie. I have never seen a director be more aware of his audience.

In a few well-edited sequences he subtly shows what the nation was preoccupied with while a devastating economic crash was right around the corner. Carell's character even exclaims at one point that people don't even know they are getting screwed. They care about "the ball game or what actress is in rehab."

In fact, the times McKay needs us to pay attention he uses pop culture icons because he knows we will pay attention to them.

"The Big Short" is my favorite movie this year and I could not be happier with the nominations it has received. It was a near perfect experience at the movies. I whole-heartedly recommend it, but with one note of caution: there is a brief scene involving some nudity, it was unnecessary, but it's there.

Olivet students accepted for Sigma Tau Delta Convention

Lauren Stancle

Assistant Editor

On March 2-5, eight Olivet students will join nearly a thousand students from about 200 schools to read their papers at the Sigma Tau Delta International Convention in Minneapolis, MN.

Sigma Tau Delta is the international English society, and Dr. Rebecca Belcher-Rankin is Olivet's Tau Theta Chapter sponsor. She goes to the convention every year—for so many years she's lost track of the total.

At the conference, students will be reading their papers in a small group with people who wrote on similar subjects while moderators and professors help with discussion. The range of students per group depends on the popularity of the subject and could be between 25 and 50 students. "It's a little bit scary, but it's a good experience," Belcher-Rankin said.

Students don't write new papers, but they take pieces they've written from past major classes—either critical essays or creative writing pieces—and fine-tune them.

Although professors help with giving feedback and suggestions for revisions, Belcher-Rankin said, "[Students] make the decision about what they want to submit."

Sometimes revisions can be stressful. "I think I had four rounds of revisions with Dr. Belcher-Rankin, and there were still times I was concerned that it wouldn't be 'good enough' to get accepted," senior BrittLee Cadle said in an email interview. "I also had an incident happen two or three days before submissions were due where [Belcher-Rankin] mentioned a more recent paper I had turned in to

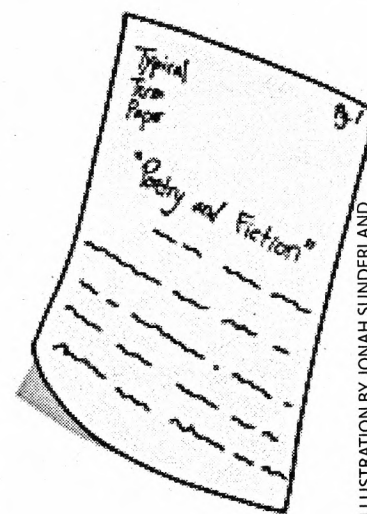


ILLUSTRATION BY JONAH SUNDERLAND

Winners:

Senior Sarah Anderson
Senior Marisa Bishop
Senior BrittLee Cadle
Senior Kelli Poole
Senior Alexandra VanDehey
Senior Justine Von Arb
Junior Kristen Coser
Junior Carrie Leato

You're kind of at the mercy of the reader... [The paper] essentially has to be perfect.

-Dr. Rebecca Belcher-Rankin

her could make a good submission as well."

Professors mostly help with organization, focus, and clarity. Belcher-Rankin tells the writers about the opportunity at the beginning of the year, and papers are submitted around mid-October.

Then the judging process begins. There are three readers reading several papers and, "You're kind of at the mercy of the reader... [The paper] essentially has to be perfect," Belcher-Rankin said.

Sigma Tau Delta is likely looking for sophisticated papers with multiple ideas or a critical, analytical paper, Belcher-Rankin said. But she's not quite sure of what they're looking for in creative writing pieces.

"I guess all of us just try to do our

best teaching [ourselves] what they want," Belcher-Rankin said. "We haven't had a winner for a while."

This year, there are eight Olivet students whose papers have been accepted. Five wrote critical essays, and three wrote creative nonfiction pieces.

Cadle, who has never been to the conference, looks forward to a mock presentation that will help the students prepare for presenting at the conference.

"I'm actually excited for the challenge of standing up and presenting my work," Cadle said. "As I often tell people, I'm a decent writer, but not a very good talker, so even presenting what I've written and worked so hard on is a bit of an obstacle. But one of the main reasons I submitted is because this is a wonderful experience."

Get out and vote

Alex Ewers
Contributing Writer

'We the People.'

This is one of the most powerful phrases in human history. For the first time a nation claimed that the power of the government came not from the government itself, but from the people governed. For the first time a people group declared that they themselves were central to their nation. For the first time, citizens chose their future for themselves.

Though our nation has occasionally forged the road ahead in war; more often than not we have shaped it at the ballot box. With every election, whether electing Congress or the President or voting in a local, state or federal election, Americans declared their wishes for the nation.

This no longer seems to be the case. Fewer and fewer Millennials are registering to vote. The polls are nearly devoid of Millennials on Election Day. We have muted our own voice.

We are becoming apathetic as a nation and as a generation. Just 58 percent of eligible voters cast a ballot in the 2012 General election, according to the Pew Research Center.

This was a high turnout in American electoral history in the past few decades compared to the 2014 General election, in which only 36.4 percent of eligible voters participated--the lowest turnout since 1942.

The United States is a nation of over 330 million people. With such a large nation, it is easy to forego voting assuming someone else will vote in our stead. Though it is easy to say that, it is even easier to see it isn't true. No one else can cast your vote. No one else can capture your unique voice.

There are serious implications when we chose not to vote. In the most recent election, the Senate changed parties. Is it fair to say this was because the nation's demographics change? Or is it because so little of the voting eligible population voted?

Aside from political consequences,

there are historical realities a non-voting individual must confront. Every vote you choose not to cast is an affront to every woman who stood by -- forced to watch as men controlled their destiny without any legal say.

Every vote you choose not to cast is an affront to every Black American so long denied their rightful equality in our Union. Every vote you choose not to cast is an affront to every immigrant who travelled the world afar seeking the American Dream.

Men and women marched for, battled for, and sacrificed their lives for the right to vote. No, it is no longer a right to vote. Rights are freely chosen to be exercised or to not be. Voting is a duty. It is one of the few actions our forefathers asked of us. It is our duty to meet the hardships and triumphs of the past with a vote of hope and determination for the future.

If we are not willing to fulfill our voting duty, how then can a person complain when the nation doesn't move the way he or she wishes? A

common refrain is that the government no longer works for the common citizen; but is it not more appropriate to say that the common citizen no longer recognizes his or her duty to her nation? Civic duty, a once-cherished American virtue, has fallen from its central place in our cultural identity.

This is not completely the fault of the Millennial generation though. We were not taught about our history. We were not taught of the suffering of our Founders. We were not taught of the basic requirements of citizenship. We have been failed in regard to our national identity.

While we can easily blame our predecessors, we must take responsibility for it now. It's not the Establishment that failed us as many young people have claimed. How could you possibly know whether or not the Establishment has failed you, when you only started paying attention a few months ago? We've failed the Establishment by not taking an active role in it.

We have traded our marches in

protest for Facebook rants; our stump speeches for 140 characters. We have disregarded our national leaders to keep up with the Kardashians. We claim we can't vote because we aren't aware enough; but if you can learn the Dougie, you can learn the candidates and their positions.

Social media and the Internet can only be the means to furthering an end, it cannot be the end itself. Digital democracy does not exist. Democracy requires physical action. Democracy requires participation. Democracy requires active citizenry. Democracy requires us.

We are at a crossroads in our generation. We either choose to inject ourselves into our national processes or we become bystanders to American decline. A nation built on "We the People" cannot survive an apathetic generation. Though you are one voter of many, your vote is equal. Voting is no longer your right, it's your duty.

'Remember you are dust'

Evan Sherar
Staff Writer

People like me who grew up in an evangelical Protestant household likely never celebrated Lent. There was a movement of churches trying to step away from traditional expressions of Christianity in order to pursue "the real" Jesus uncorrupted by "man-made doctrines." Today, many Protestants are rediscovering their traditional roots and one of the growing ways that's done is through participating in Lent.

During Lent while I was in high school, people would see my ashes on Ash Wednesday or notice me fasting and ask, "Oh my gosh, are you Catholic?" as if being Catholic condemned me to Hell. But I'm not Catholic, and neither is Lent. Lent is a time of fasting, praying, remembering who God made us and being who God calls us to be. It's a time for reflection, humility, and charity, which are not specific to any denomination of Christianity.

Annual traditions, much like

the festivals of our ancient Jewish predecessors, remind us who we are as a people of God. In Advent, we remember our need for salvation as we await the coming of Christ at Christmas who is our salvation. At Pentecost, we remember that we are filled with the Holy Spirit to bring the gospel of salvation into the world. On Easter Sunday we remember the hope we have for new life in our resurrected Lord Jesus. But first, Lent.

Lent is a time to remember our mortality. Each of us will inevitably die at least once. The priests or pastors who make ash crosses on the foreheads of countless Christians will say something like, "Ashes to ashes, dust to dust. Remember you are dust, and to dust you will return." Genesis tells of God creating humanity by breathing life into the dry dirt of the ground. When we die, our bodies decompose into particles of grey dust.

Remembering our mortality is vital to our understanding of the Resurrection. Many of us through our teen years felt invincible. Some of us perhaps still feel that way. The dark

reality is that we're not. We like to celebrate Easter and the hope of the Resurrection that should ultimately define each of our lives. But to properly remember our great Hope, we must also remember our need for it.

Co-leading a ministry to the homeless, I've been able to meet some people who live in pretty rough situations. One such man we'll call Jack. I recently found Jack outside a burger joint in Kankakee smoking a cigarette. While I sipped what was left of my milkshake, we got the chance to catch up on each other's lives. He has been struggling with high blood pressure and recently found out he has prostate cancer.

Because of some recent conflicts, Jack has lost touch with some good friends. On top of that, his house needs repairs he can't afford, and the rates for his utilities seem to keep rising so that he can hardly keep up with them. As I told him about all the homework I'm supposed to do, he told me this: "You see, your life's just starting. It seems like mine's starting

to wind down to an end. And after getting this double death sentence, I'm starting to come to peace with that."

Not that I was unaware of it before, but in that moment I was reminded that Jack was once like me: young, able-bodied, ready to take on the world. Then the world started fighting back. I could be mournful for his tragedy, and in fact I am. When he first used the term "double death sentence," my eyes began to water behind my sunglasses. But then I remembered that one day I will be just like him.

Lent is a time for us to remember that we are already condemned to die before we were even born. Mortality is part of who we are, and it is in the tragedy of death that Christ meets us on the Cross. Through Lent, we follow Christ to the hill outside of Jerusalem called Golgotha, the place of the skull. We become disciples of Christ, even into death. Remember you are dust, and to dust you will return.

Letter to the Editor:

Dr. Michael Pyle
Contributing Writer

Too Much Law, Not Enough Gospel...a strong (and wrong) headline followed by a waffling bit of journalism. Mr. DiCamillo, I level this critique with conviction in mind, not condemnation.

Conviction builds; condemnation tears down. By confounding conviction with condemnation, you let the convicted off the hook. Condemnation is for the guilty...which we were before the blood of Christ was applied. Conviction benefits all believers and Dr. Q's chapel talk was all about finding conviction, not wallowing in condemnation.

People in relationships that are not God pleasing...or those trapped in the twilight world of porn...are unlikely to change with condemnation but they may with conviction. A slather of (cheap) grace without the bite of conviction is no favor...and unlikely to bring about the change that centers us in Christ.

So, thank-you Dr. Q for speaking conviction to us...may all our chapel speakers do likewise. Conviction over condemnation...that is the whisper of Christ in our lives. For in conviction we seek to order our lives, our daily choices, to make God smile. May He smile on us today.

-- Michael J. Pyle, M.D.
Professor and Chair
Department of Biology

Remaining balanced in the petri dish

Grace Pelley
Staff Writer

As college students, we have a wide variety of responsibilities to balance: academics, work, clubs and teams. Often these activities can overshadow our own well-being. But, it is essential that we continue to care for ourselves physically, mentally, emotionally and spiritually.

Flu season is in full swing and you live in a petri dish. Remembering to take Vitamin C can reduce your risk of catching your friendly Olivet flu. Eating fresh fruits and vegetables, as well as supplements, provide your immune system with the tools it needs to fight germs. Also, wipe down doorknobs, tables and desks (and other surfaces you and others frequently touch) with disinfectant wipes to eliminate germs. Finally, your body needs sleep. Caffeine does not replace the reparative work your body does when you sleep.

In addition to caring for your body, your brain needs a bit of TLC too. Blocking out some time every week to focus on non-school activities can preserve your attention and effort. Personally, I try to take Sunday afternoons off from homework. I usually watch TV or read a book, a non-required, fun book. A limited amount of mental rest can keep you from burning out.

Emotional health may be the hardest to monitor. Make sure that you are making and maintaining supportive relationships with your peers and those with more experience than you. Dependable friends are an irreplaceable safeguard against many blind spots. If you struggle with your emotional health in any way, Olivet offers free, professional counseling to its students. You can sign up through the Olivet portal. Counseling can

provide you with tools to keep you mentally healthy throughout your life.

Lastly, and most importantly, tend to your spiritual health. Personal times of meditation and prayer are irreplaceable. It is easy to put your spiritual life in neutral when Christian activities surround you. But, you cannot neglect Jesus. He is your biggest source of support to manage the many demands of college. Your relationship with Him must be your top priority, even if your concentrated time with Him is only five minutes long.

Now, if you feel overwhelmed, concentrate on one thing at a time. Learning to live a balanced life is a process, but a worthwhile one. These skills can help you succeed at Olivet and beyond.

All views expressed in the Opinion section are the opinions of individual writers. They do not necessarily express the overall opinion of *The GlimmerGlass*, the exception being the editorial.

Readers are encouraged to submit formal feedback, a Letter to the Editor, when they have an opinion about material printed.

Please submit all feedback to the editor via email at glimmerglass@olivet.edu.

Resolutions: Are you keeping yours?

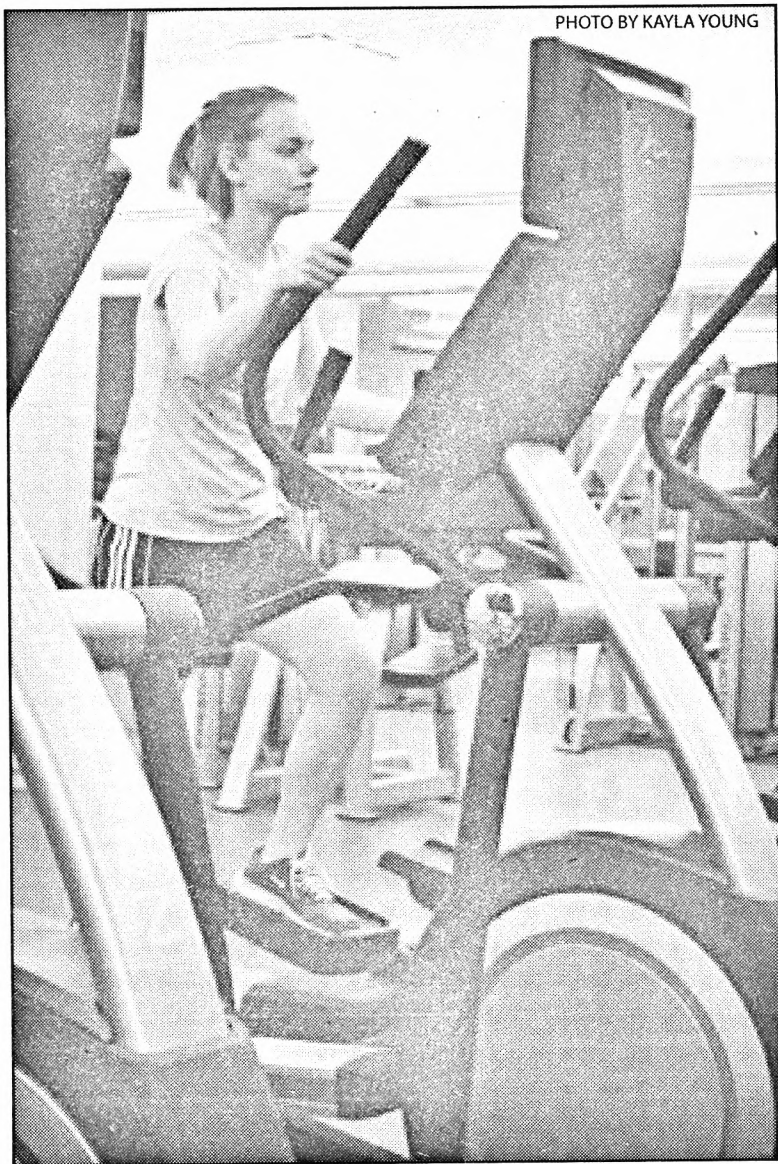


PHOTO BY KAYLA YOUNG

Senior Kari Sunnarborg knows to truly make a resolution, you have to make it past January...

Claire Schmidt
Staff Writer

"New Year, New Me" is one of the most commonly heard phrases the day after New Year's, posted online in various social media outlets by well meaning people. Hand in hand with that phrase comes the infamous New Year's Resolutions.

It has now been almost two months since New Year's, which is when the New Year's resolutions tend to peter out into a disappointing end, with nothing to show but maybe a single month's gym membership fee. According to StatisticBrain.com, only 64 percent of resolutions are maintained past one month.

More statistics from StatisticBrain.com state that around 45 percent of Americans usually make New Year's Resolutions. The catch is only eight percent of people are successful in achieving their resolution overall.

Even though it can be difficult as full time students to find the time, some have found ways to fit time in for a healthier lifestyle.

Sophomore Vanessa Cohn has managed to stick to her New Year's Resolution so far. She committed herself to working out three times a week and eating healthier. She says "I feel like I've been successful so far. We'll see how the rest of the year goes."

Professor Mark Bishop from the Communication Department also joined the ranks of people trying

out a new lifestyle change. He is currently in the middle of a 30-day challenge, where he has cut out all sweets, gets on the treadmill every other day and drinks only water, except for his morning coffee. He says his resolution is "simple, as little things make a big difference."

Some people did not make resolutions, but for good reasons. Sarah Gill, a junior nursing student, said she did not make a New Year's health resolution because, "I knew I couldn't actually stick to them." Instead, she made conscious health choices, where she would start with at least one healthy meal a day, or go so many times a week to the gym. She said it can be difficult, as it all depends on how busy the week is, as it's "hard to find time as a nursing major," Gill said.

It can be difficult to maintain a New Year's resolution, especially one that involves a 180 in a life style. The trick is to keep at your goals.

American Psychological Association wrote an article online to help those struggling to make their New Year's resolution stick. They narrowed it down to five simple tips to think about when making your own New Year's resolution realistic and attainable. Although it may now be February, it is still not too late in making a life-style change.

1. Start small

It is easier to move a pebble than a boulder. By starting off small, like scheduling three or four days a week at the gym instead of seven,

you are more likely to keep following through.

2. Change one behavior at a time
Replacing unhealthy behaviors with healthy ones requires time. It takes 21 days on average to form a habit. By focusing on one behavior at a time, you are less likely to get overwhelmed and quit.

3. Talk about it

Having someone to share your struggles and successes with makes your journey to a healthier lifestyle that much easier and less intimidating.

4. Don't beat yourself up

Perfection is unattainable. This is important to remember when you make a mistake, because it will happen. Instead of giving up for one minor misstep, resolve instead to recover from your mistakes and get back on track.

5. Ask for support

Accepting help from those who care about you and will listen strengthens your resilience and ability to manage stress caused by your resolution.

Psychologist Lynn Bufka, Ph.D., also had something to add. "Setting small, attainable goals throughout the year, instead of a singular, overwhelming goal on January 1 can help you reach whatever it is you strive for," she said. "Remember, it is not the extent of the change that matters, but rather the act of recognizing that lifestyle change is important and working toward it, one step at a time."

Swimmers shoot for gold

Sarah Ortman
Staff Writer

On the third weekend in January, selected members of ONU's swim team traveled to the University of Texas to compete at the Grand Prix. The swimmers who traveled to this meet were Calvin Price, Amanda Moran, and Jake Anderson, who are current students at Olivet and Olivet alumnus Ty Jacobs. The Grand Prix was a meet for swimmers to qualify for the US Trials, and then the Olympics. Unfortunately, none of our swimmers made the cut.

Anderson competed in the 50 freestyle and the 100 backstroke, Moran competed in the 100 and 200 backstroke and Jacobs competed in the 50 and 100 free events. Price, a South African native, tried to improve on his time and to climb the ratings among his country's top swimmers.

This opportunity was one well appreciated by the Tigers. They were given the chance to swim with Olympians and to learn from their own mistakes.

"My experience at the swim meet was amazing," Jacobs said. "It was a memory that I will never forget, and the other three swimmers that I went with are great swimmers and good people. I am glad that I got to share this memory with them and my coach. Unforgettable."

Price said his experience was "enlightened." "To compete with names like that teaches you something about what it means to be a top athlete. For one, they look like

normal people, the only difference is that they have honed in on their talent and have gotten there faster than you have. It may sound strange, but knowing that, made the experience just like any other big-time meet. You go there to swim and to compete."

While at the meet, these four swimmers were able to witness Katie Ledecky, an Olympic gold medalist, break the world record for the women's 800 freestyle.

"It was really incredible to just be swimming at the same meet as all of them. While warming up for a race I looked up and saw Michael Phelps warming up in the same lane as me. Then I look to the lane right next to me and there is Nathan Adrian warming up too. Such an unforgettable experience to have," Jacobs said.

Moran, a freshman swimmer at Olivet selected to attend the Prix, said, "I learned how to pace myself during races, and how to compose myself during races as well and how to be calm, cool, and collected."

Above all these swimmers were able to be in the pool with the best swimmers in the nation.

"I think they were a little star struck at first," head swim coach Scott Teeters said.

The swimmers felt nothing more than blessed by God to be given this opportunity to swim and to be able to watch and be in the pool with the best swimmers in the world.

Coach Hehman looks to step it up

Sam Nichols
Staff Writer

A new chapter has begun in the life of Olivet Nazarene University's football program with the hiring of new Head Coach Eric Hehman.

Hehman was hired as ONU's head football coach over Christmas break. Thus far, he has made a few changes to the coaching staff. He hired grad assistant Cole Hagen, assistant coaches Granville LeCroix and Wayne Walker and student assistant Jeff Glitz. However, he elected to keep graduate assistants Stephen Wilson and Bryan Watson as assistant coaches.

Hehman looks forward to working with the Olivet players, "I'm not here to waste the senior's last six months. I'm here to make the most out of it. I want the same things that they want. I want them to have success, to grow, to develop, to create relationships and to have memories that last a lifetime. What I told them is that every day is an evaluation because I do not know you. We've got a system. Were not just monitoring the athletic component, but the academic component, character and leadership."

Hehman's coaching career started at his alma mater, Taylor University, where he was an offensive and defensive line coach for four seasons from 1995 to 1998. During his time there, Taylor won a Mid-States Football Association conference title. Afterwards, Hehman was an assistant coach at Trinity International University from 1999 to 2005, where he acted as an

assistant head coach, offensive coordinator, quarterbacks coach and offensive and defensive line coach.

Just as Taylor won a Mid-States Football Association (MSFA) Championship title during Hehman's time there, Trinity International won an MSFA title as well. In addition, Hehman won the MSFA Midwest Assistant Coach of the Year award during his time at Trinity.

Not long after that, Hehman received his first head coaching job at Greenville College in Illinois where he led them to a 28-22 record. His tenure at Greenville included winning the Upper Midwest Athletic Conference South Division Championship and a trip to the Victory Bowl in 2009, which is a championship game for teams that did not qualify for National Association of Intercollegiate Athletics (NAIA) or National Collegiate Athletic Association (NCAA) playoffs.

In 2010 Hehman accepted a head coaching position at Malone University in Ohio where he was the coach until the fall of 2015. Unfortunately, his seasons there were plagued with player injuries as Malone had an 11-53 record over Hehman's six seasons there.

Hehman also has high expectations for the coming season. "We honor God in all that we do. We love each other. We tell ourselves the truth. The fourth thing is that we make it better. Every time I'm in the weight room, the classroom, the cafeteria, how I treat people, everything I do, I make it better."

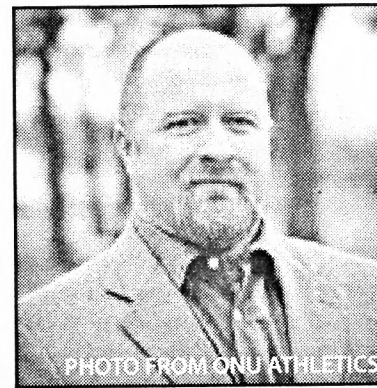


PHOTO FROM ONU ATHLETICS

Finally, I expect them to compete. I want them to reach their full potential by pushing themselves in all they do. The idea is that I can control what I am doing at the moment and that over time as I pursue excellence and significance that the scoreboard will turn your way."

Players are also excited to have Hehman on board.

Freshman linebacker Caleb Coe said, "These past few weeks, [Hehman] has set a high standard for all of us, and I think all of us feel challenged. I think he already has set the bar and we will respond. We are all working hard and we will be better."

Sophomore Lineman Nathan Wells seemed skeptical yet optimistic, "He's great right now. He's done everything right. But we haven't seen him on the field yet. Up to this point, I haven't seen anything I don't like."

Olivet's football season starts up again in August.

Commentary:

Super Bowl 50 in the books

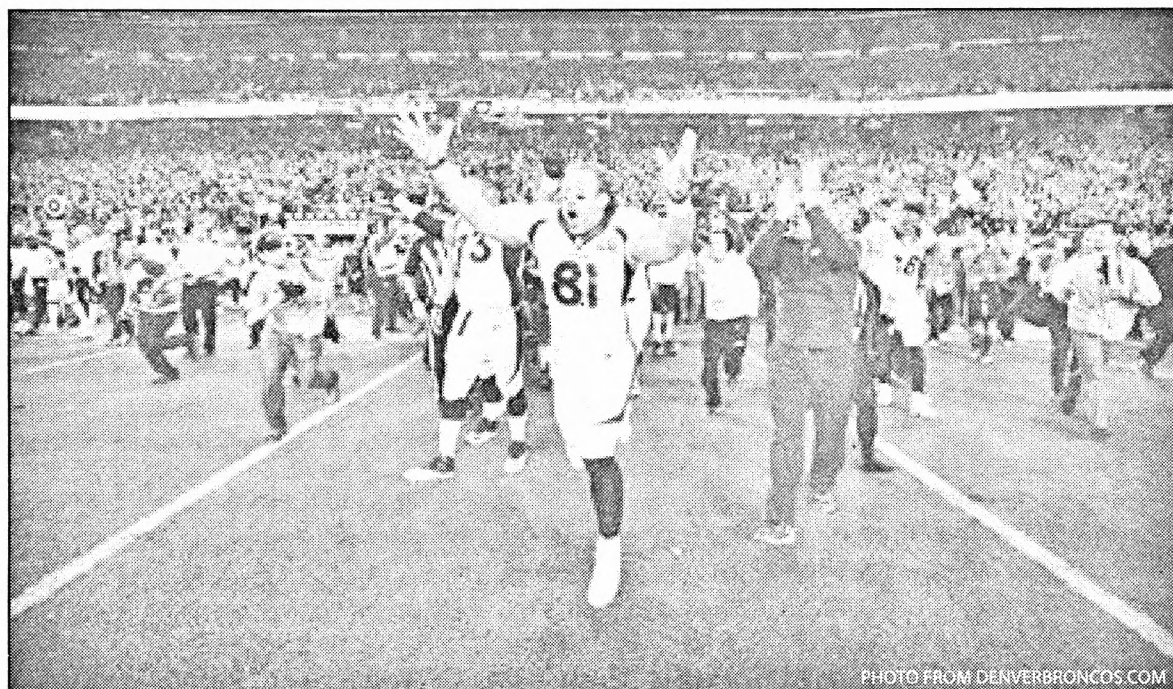
Connor Pestka

Staff Writer

And so passes one of America's greatest holidays, Super Bowl Sunday. All over the nation, sports fans crowd around the TV to watch the big game, and others crowd around the snack table waiting for the commercials to start. The powerhouse that was the Carolina Panthers, led by league MVP Cam Newton, were expected to continue rolling on to a victory that many worried would be a repeat of the Broncos' appearance in Super Bowl XLVIII, when the Seahawks trounced Peyton Manning and the Broncos 43-8. The Panthers Broncos matchup looked similar; the number one scoring offense led by Newton and Jonathon Stewart would be matching up against the number one defense led by Von Miller and DeMarcus Ware. It turns out defense won the day, Denver winning 24-10.

A number of notable events occurred in Super Bowl 50. First off, this was the first Super Bowl not referred to by Roman numeral since Super Bowl III. The first two were not even named "Super Bowls," but instead the AFL-NFL World Championship. Denver's eighth appearance also ties the current NFL record.

The match-up provided a rather surprising fact: never before have two number one draft picks faced each other in the history of the NFL's



Bronco team celebrates after winning Super Bowl 50.

biggest game. Manning became the oldest quarterback to start in the big game, subsequently becoming the oldest to win. He became the first quarterback to win a Super Bowl starting for two franchises. This also was the 200th win for the quarterback, a record for the most wins all time, further cementing his legend in the National Football League. This will be quite the exclamation point on an unimaginable

career if he does decide to retire before next season. Had Cam been successful, he would have become the first Heisman Winner with a Super Bowl ring. I guess you can't win them all. Oh well, there's always next year for the big guy.

This was altogether a game dominated by the defensive units on both sides. All season long, the Denver squad had been putting opponents

through the buzz saw, put on perfect display in the AFC championship game when Tom Brady was hit 20 times, a new record. Cam did not fare much better, getting sacked six times and stripped twice. The seven total sacks tied the Super Bowl record for a single team. Carolina could not get a drive going. Their first resulted in a 3-and-out, their second ending with Von Miller blasting through the line

to tear the ball away from Newton, the fumble recovered by Denver in the end zone. Defenses on both sides handled the opposing offenses, with neither quarterback able to complete a touchdown pass. The last time that happened was in Super Bowl XXVIII 22 years ago, only the fourth time in the history of the game. Denver's 194 yards marked the lowest ever in the Super Bowl of a winning team.

The sidelines provided some interesting stories as well. Ron Rivera of the Panthers and Gary Kubiak of the Broncos mark this as the first time two opposing Super Bowl coaches were also players in the big game. Rivera was victorious with the renowned '85 Bears, and Kubiak was three times a back up for Denver, unfortunately never winning a ring himself. Rivera is one of three to make the Super Bowl as a player, assistant coach and head coach. Kubiak joins an equally exclusive club of coaches who won the championship with the same team they were on as players.

All in all, this game was a fantastic turnaround for Peyton Manning and the entire Denver Broncos' franchise. Many thought the old boy would retire after the spanking received two years, yet here he is, tying his little brother for Super Bowl victories. Will he follow in the steps of Broncos' general manager John Elway and retire with the ultimate win? Only time can tell.



Jacob Armbrust critiquing Amy Blucker as she practices throwing to help her improve.

Track couple pushes each other to improve on and off the field

Sarai Guerrero

Contributing Writer

Together Senior Amy Blucker, Physical and Health Education major, and Senior Jacob Armbrust, Recreation, Sports and Fitness major have been able to accomplish between the two of them 15 All-American titles and three National Championships.

It started with a visit to Olivet. Armbrust was a big recruit and the coach at the time had wanted to make him feel as comfortable and welcomed as possible. Blucker was of course on the track team, and the coach had asked her to join in on the campus tour, alongside a friend from high school. Armbrust and Blucker were able to relate to each other very well, as they both had experience working at church camps.

Two shorts months later, Armbrust and Blucker started dating and are almost celebrating their four-year anniversary; and their story doesn't stop there.

"Since we have been dating pretty much our entire college careers, we have learned to be great teammates to each other," Blucker said. "At practice we know how to push each other to get better and how to encourage each other when things aren't going as we wish."

Encouragement is an essential thing for the couple as both of them are captains of the team.

Teammate freshman thrower Kyla said, "They're incredibly supportive of each other and have a really healthy relationship in that they look to each other for advice and critiques on their throwing."

Kylie Davis, also a freshman thrower on the team, explained that not only are they supportive of each other but that support is also given to teammates. She said, "They have a lot of experience which allows them to help others on the team."

There is no doubt that both Armbrust and Blucker have left an important imprint on their team. Both have also qualified for nationals.

Blucker said "We are pretty blessed to be able to do all that with your best friend and love by your side. We have been blessed with success and it has been amazing to be able to be together during each other's successes and failures. We don't always perform the way that we hope, but we can certainly lean on each other through it all."

Track team striving for nationals

Alyssa Franklin

Staff Writer

With the end of the indoor season of Track and Field quickly approaching, the runners are striving to achieve the 'A' standards to qualify for nationals. Those who qualify for 'A' standards automatically go to nationals to compete for a Personal Record (PR) or a National championship. For those who did not achieve 'A' qualifications, the top three athletes with 'B' standard will travel.

"The 'A' standard is the most difficult to hit, it is either a faster time, further distance or higher standard to hit than the 'B' standard. If you achieve the 'A' standard at any point in the season at a meet, you automatically

qualify for the national meet," said senior Amy Blucker, shot put and weight throw.

Some ONU athletes have already qualified for 'A' standard: junior, Delano Harris-Samuels in long jump, senior, Jacob Armbrust in shot put, senior, Christopher Aschemann in weight throw, freshmen Phillip Fox in Heptathlon, junior Sarah Ray in the 5,000 meter run, freshman Danielle Wojciechowski in pole vault, senior Amy Blucker in shot put and weight throw and sophomore and Charlie Vannatta in weight throw.

"This year I have tackled each day with an even greater intensity than what I had done before. Since it is my last year, I am constantly reminded that it will be the last repetition of ev-

everything I will do. In a sense, that fact scares me a bit, but at the same time it is a great motivator," says Blucker.

Wojciechowski, is new to Olivet this year but appears to be doing well seeing that she is the only freshman thus far to be qualified for nationals.

"I am so excited. I am really excited to experience the competition. The experience to go to nationals and getting used to that as a freshman can help me do well in the future," Wojciechowski said.

Athletes qualified for 'B' standard are senior, Dylan Creger in the 5,000 meter, senior, Christopher Aschemann in shot put and sophomore, Anne-Lorraine Brown, high jump.

As the track and field athletes are training for their upcoming meets,

they measure their successes by setting personal goals, spiritual goals and team goals.

"The national meet is the final outcome of the goals. That's what we strive for," Head Coach McDowell said.

"Being a National Champion was my ultimate goal while competing collegiately until I accomplished it twice last year. It felt amazing to accomplish that big of a goal but I did not do it on my own. My teammates, coach, family and God were the real ones that helped me achieve it. Now I have even bigger goals of repeating my National title which I believe would be an even bigger accomplishment," Blucker said. She also added that, being a collegiate athlete is time consuming and

tiring. Some days you are extremely tired even before you come to practice.

"I have days where I am stressed out and not feeling like myself, but my coaches are there saying, 'It's okay. You meet your goal every other day and it's okay if you missed one today,'" says Wojciechowski. "Pole vault is a very mental sport. It takes a lot of physical ability but once you understand the physical ability and get it, it is pretty easy to keep it up. The mental game of it is very stressful sometimes. If you are stressed out about homework, you're not going to vault well. My head has gotten in my way a lot."

The men's and women's track and field athletes currently have three more meets to qualify for the national tournament.

PHOTOS BY LINDSAY HATHAWAY



Last year's Water 4 Water team partnered with Team World Vision to raise money for clean water. A second Water 4 Water team is being assembled for fall of 2016.

Swimmers again determined to cross Lake Michigan for charity

Danielle Snuckel
Contributing Writer

Team World Vision is partnering with the Olivet Swim team to swim across Lake Michigan, with the goal of raising money for an important cause. Team World Vision is a fundraising program of the humanitarian organization that helps individuals raise money for World Vision projects.

The event is called 'Water 4 Water' and it will be held this summer, in the second week of August. The team will be swimming from Northern Indiana to just past New Buffalo in Michigan. Though Team World Vision is serving as a major help, the ONU swim team is in charge of planning the entire event, from start to finish. World Vision will help the swimmers create a website where they can fundraise and promote the event and cause. On that day, they will be at the start of the swim, as well as at the end to celebrate the team's achievement.

The swim team will be raising mon-

ey for clean water in Africa. As many people take water for granted, Tim Hoekstra, a recruiter for Team World Vision, explains, "The average distance a person in Africa has to walk for a water source is four miles, and it still may be an unclear water source."

Clean water is a life changer and a lifesaver, since it decreases the disease rate by about 50 percent.

Hoekstra says, "World Vision provides clean water to one person every 30 seconds," Hoekstra says.

As the swim team swims across Lake Michigan, a person in Africa will receive clean water for life for every \$50 that is raised. One of the swimmers participating in the event is Sophomore Olivet Swim team member, Austin Bennett.

To prepare for the event, Bennett says, "We just really need to stick together and help each other out when it comes to organizing this event. We don't want to just do this swim so we can swim across the lake."

Not only does the team need to

We want to actually change the world and use the talents we were given for something as amazing as this cause.

-Sophomore Austin Bennett

prepare in the pool, but more importantly, they also need to stay on top of fundraising so they are able to make a difference in the lives of those who are impoverished.

The swim team is excited to be teaming up with Team World Vision for the swim. They are providing a huge help by standing beside the team while they set up the general route of the swim and everything that needs to get done to make the entire event a success.

Sophomore swimmer, Todd Suttor, says that he is excited to be a part of Water 4 Water. He knows, "It will be tough to do the swim, but it will be a group effort to complete."

Hoekstra recently met with a few of the swimmers to give them some advice on how to train for the event, as well as to help them stay on track as the preparation continues.

The cause is important to the team, because they "have seen what kind of impact even a small group of people can have, by providing clean water for the less fortunate," says Bennett.

Suttor is excited for himself and the team to use their "God given talents of swimming to make a difference for His kingdom by providing water to help people survive." Suttor says that the cause is important to him, "because it allows me to use my sport, swimming, for something more than competing, but for raising money and awareness for the difficulty people in the world go through to have clean water." He believes that it will give him a way to

make a difference in people's' lives.

The Olivet students who have previously ran and swam for clean water have raised over \$250,000, which means that 5,000 children have gained access to clean water.

Because of such great results, Hoekstra says, "This is why I am excited to have the swim team leading again. They are changing the world toward justice and fullness of life, for the poorest people in the world."

The team is using their God-given talents to take part in an important event that saves the lives of thousands. In 2010, 884 million people needed clean water and now, in 2016, the number is down to 660 million, because of student leaders like the ones at Olivet, the world is being changed for the greater good. It will take around six months of preparing, training and raising money for the 'Water 4 Water' event. However, thousands of lives will be changed after that day.

